The Communicator

Sept. 3 2009 - Sept. 16 2009

Vol. 8 Issue 21 Haliburton County's Good News Fun Magazine

FREE
Please Take One

Keeping Fit and Having Fun

Inside This Issue

A Test of Endurance

Celebrating Kinmount's Past

Haliburton Rocks

Diet-free denim!

NYDJ offers a stylish solution - in fashionable shades of the season. Our patented (and comfy!) criss-cross panel helps to flatten the tummy. Sensational stitching designs on our strategically-placed back pockets help lift the buttocks.

You take one size smaller. Really!

Country Pickins
DOWNTOWN HALIBURTON 457-2726

NYDJ
Not Your Daughter's Jeans
THE ORIGINAL TUMMY TUCK® JEAN

New Arrivals

SHOP EARLY FOR BEST SELECTION

The Great Outdoors... Indoors!

A Fun Place To Shop!

6 Rooms To Explore!

100% Recycled Plastic Outdoor Furniture MADE IN CANADA

- COTTAGE COMFORTS
- BIG SKY CARVERS
- WILDERNESS DECOR
- UNIQUE GIFTWARE
- GREAT SOUVENIRS
- QUILTS & AREA RUGS
- NORTHWOODS LAMPS & FURNITURE
- FUDGE-40 FLAVOURS
- OLD FASHIONED CANDY
- FINE GOURMET FOODS
- ALL NATURAL SOAPS & CANDLES
- SOLITUDES NATURE MUSIC
- CANADIAN CLOTHING & MOCCASINS

Open 7 Days a Week

Monday - Saturday 10 - 5, Sunday 10 - 4, Closed Labour Day Monday Sept. 7 & Tuesday Sept. 8

Cottage Country Log Cabin Trading Company Ltd.

1141 Kennisis Lake Rd. (County Rd. 7) Just off Hwy. 118, West Guilford

(705) 754-2285

Learn to Speak with Confidence

Toastmasters Offer Speechcraft Courses in Minden and Haliburton

Would you like to speak with confidence without blinking an eye? The Toastmasters of the city of Kawartha Lakes have a program that can help you do just that.

The group is coordinating and offering eight week long speechcraft courses in Haliburton County starting this month. In Minden the course begins on September 15th and runs through to November 3rd each Tuesday at the Cultural Centre from noon to 1 p.m. For those wishing to go to Haliburton, the course runs from September 24th until November 12th on Thursdays between 6 and 8 p.m. (to be negotiated with participants) at the Rails End Gallery & Arts Centre.

The cost of the program is $80, which includes a manual.

Why take this course? There are several good reasons to.

If you find yourself having to speak in groups, make presentations, are required to speak "off the cuff", or are starting a new job, then the speechcraft course could really put you at a great vantage point. This course provides a real opportunity for you to gain the confidence and skill needed to speak in public.

Leaders in the course include: Norman Thomas, Sybil Roodenburg, Bryan Clark, Walter Hibrant and Cathy Lancia.

Limited spaces are available so please register early!

To do so call Betty Legacey by phone at 705 454-1591 or email bwlegacey@nexicom.net. You can also register with Norman Thomas at 705 286-3323.

About Toastmasters International

From a humble beginning in 1924 at the YMCA in Santa Ana, California, Toastmasters International has grown to become a world leader in helping people become more competent and comfortable in front of an audience. The non-profit organization now has nearly 250,000 members in more than 12,500 clubs in 106 countries, offering a proven – and enjoyable! – way to practice and hone communication and leadership skills.

Most Toastmasters meetings are comprised of approximately 20 people who meet weekly for an hour or two. Participants practice and learn skills by filling a meeting role, ranging from giving a prepared speech or an impromptu one to serving as timer, evaluator or grammarian.

There is no instructor; instead, each speech and meeting is critiqued by a member in a positive manner, focusing on what was done right and what could be improved.

Good communicators tend to be good leaders. Some well-known Toastmasters alumni include:

Peter Coors of Coors Brewing Company
Debbi Fields, founder of Mrs. Fields Cookies
Tom Peters, management expert and author
Linda Lingle, Governor of Hawaii. ■

ALGONQUIN TEAK

FINE OUTDOOR FURNITURE

THE FINEST IN TABLES, CHAIRS, BENCHES, LOUNGERS, SUN UMBRELLAS AND ACCESSORIES

Monday to Saturday: 10-5 Sunday: 11-4

On Haliburton's main street across from the town docks

www.algonquinteak.com (705) 457-8020

Church Events

Yard Sale
Saturday, September 5 – 9a.m. – 3p.m.
Gooderham United Church
Light refreshments available. Donated items are appreciated. For pick-up or drop-off call Marg at 705-447-2594 or June at 705-447-2838. Please no large appliances, baby cribs, mattresses

New Pastor Induction
Sunday, September 6 – 10a.m.
Eagle Lake Church
Join Eagle Lake Community Church as they celebrate the induction of Pastor Garry Swagerman. Call 754-2240 for more info.

Fall Maplefest
September 19- Saturday-9a.m.-1p.m.
Lochlin United Church
Lochlin United Church is having their First Fall Maplefest "All You Can Eat" Pancake/Sausage Brunch and Bake Sale.The best deal in town with real Haliburton maple syrup. Adults $6.00 Children $3.00 Preschool -Free. Lochlin Road off Gelert Road (County Rd., 1). Watch for the yellow Molly Maple signs! This a fund raiser for the outreach work of the church. For more info call Lois-286-1765.

Fun-Raising Fundraiser
Saturday, Sept. 26 – 7 p.m.
Haliburton United Church - 10 George Street, Haliburton
A Message with Music - "Trusting in God's Faithfulness" - Featuring Special Music with Beth Kipping, Lindsay Lester, Rick Pyl, Pamela Bryant and friends. Special Speaker: Dave Bretzlaff. Refreshments. An offering will be taken, with all proceeds going to the Highlands Community Pregnancy Care Centre. Income Tax receipts will be given for all donations over $20.
Phone 705-457-HOPE (4673) - Website: www.haliburtonpregnancy-centre.ca

GRASS SEED
Cottage Ground Cover
2kg Bag $8.85 25kg Bag $73.95
Cottage Green
2kg Bag $10.63 25kg Bag $86.95
10% OFF ON ALL IN-STOCK GATES
Various Sizes 4ft. to 16ft.
McMahon Feeds N' Needs
Bobcaygeon Rd at Deep Bay Rd. Minden 286-2801

FLUID II in Minden

Exhibit Opens Today at Agnes Jamieson Gallery

FLUID II, a continuation of the FLUID exhibit which was featured at the Latcham Gallery in Stouffville, will make its way to the Agnes Jamieson Gallery in Minden on Thursday, Sept. 3.

The original exhibit included IRIS members (Laura Hair, Holly McClellan, Ruth Read, Margaret Rodgers, Janice Taylor-Prebble, Sally Thurlow, Wendy Wallace and Maralynn Cherry) who discussed common artistic currents – this being shift in focus for artists creating purely aesthetic work to a new paradigm reflecting a will to participate socially and to create relationships between themselves and their environment.

The opening reception for this exhibit will take place on Friday, Sept. 11 at 4 p.m. at the gallery, and on Thursday, Sept. 17 an exhibition tour day will be held. During the tour you can join in at anytime during gallery hours for an informal and informative tour that begins when anyone is interested. This is an excellent way to understand the artists' intents and how the gallery's goal conveys this.

This exhibit runs through to October 24.

For more information visit the Minden Hills Cultural web site at www.mindenculturalcentre.com, call 705 286-3763, or email gallery@mindenhills.ca. ■

Ever notice that the people who are late are often much jollier than the people who have to wait for them?

FREE
Computer Classes at Fleming College
For adults wanting to prepare for college or work
Sept. 30 to Dec. 16
Wednesday Evenings
6:00 to 9:00
Learn Computer Basics
Microsoft Word & Excel, Internet Basics, File Management & More
Fleming College Experience Success
EMPLOYMENT ONTARIO
Call Bob or Katherine 457-4562

Caygeon Denture Clinic

Spotlight on Business

Bernt Fiebiger: "Your Complete and Partial Denture Specialist"

Every person is different; therefore every smile is different too.

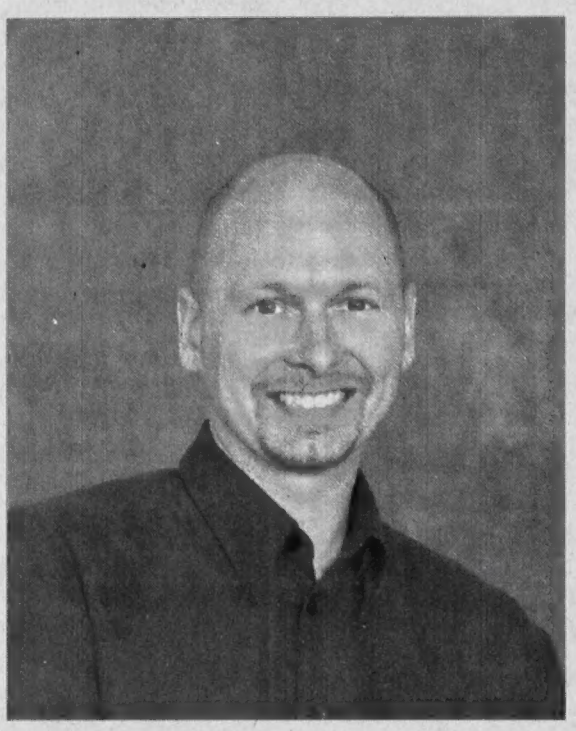
That's something that denturist Bernt Fiebiger is completely aware of and understands. As the owner of Caygeon Denture Clinic, Bernt has seen a variety of smiles and has come accustomed to dealing with a number of different and sometimes difficult situations.

"I've been a denturist for 12 years," explained Bernt, a graduate of George Brown College's Denturism program.

Bernt moved to Bobcaygeon 11 years ago. After successfully servicing the area for many years at 103 Main St., Bernt was presented an opportunity that would allow him to open up another location that would be closer to home for his clients in the Minden Hills and Haliburton County area.

"I wanted to accommodate those who were restricted in travelling," he said.

Bernt spoke with Lisa Stoughton, owner of Lisa's Dental Hygiene Clinic. Lisa informed Bernt that she was going on a Honduran dental mission trip, and he expressed an interest in going as well.



Since that trip in March, the two teamed up and worked out an arrangement that would have Bernt work from her clinic located at 209 Highland St. in Haliburton. Since mid June of this year, Bernt has been providing his full range of services to clients at the modern, spacious clinic in Haliburton each and every Tuesday.

So what does the job of a denturist involve, you might be wondering?

"A denturist is someone who specializes in removable prosthetics," explained Bernt.

Denturists are fully capable of taking impressions of the surrounding oral tissues, and fabricating and placing the oral prosthesis directly to the patient. The services that Bernt provides include full and partial dentures, immediate dentures (to give an immediate smile to those who have had teeth removed), implant retained dentures and anti-snoring devices.

A technician also comes to Haliburton with Bernt so that same day repairs, and denture relines, can be completed.

"We can reline or refit the dentures so that they will fit the tissues better all in the same day," Bernt pointed out.

The process of making someone dentures usually takes between five and six appointments. The process includes first, and final impressions, bite registration, a try-in (used to let the person see how they will look with the teeth in place before the final stages), and the final fitting.

One of the services that Bernt finds himself providing quite often these days is what is known as implant retained dentures.

"An oral surgeon, or dentist, who is qualified to place implants,

Caygeon cont'd...pg.5...

The Highlands Communicator

Editor & Production Manager: Joanne Irvine
Advertising Manager: Brett Irvine
Production / Layout / Design: Shawn Welsh, Buffy Wilson, Marcus Stong
Photographer: Lyn Winans
Reporters: Mark Arike, George Farrell
Advertising Sales: Brett Irvine
Admin: Bridget Walker

A Division of the County Voice Inc.

100% Locally Owned & Operated

Published by: Brett & Joanne Irvine

457-9999
Box 930 Haliburton Ontario K0M 1S0
187 Highland Street - Unit 11 & 12
Lower Level of Stedman's Mall

or call
705 457-5001
1-877-457-5001
Fax: 457-5004

info@TheHighlandsCommunicator.com **news@TheHighlandsCommunicator.com**
ads@TheHighlandsCommunicator.com **admin@countyvoice.ca**

Thank you to all our advertisers & readers!!

Caygeon Denture Clinic Serves Haliburton County Residents a Little Closer to Home

Cont'd from pg.4

places them into the upper or lower jaw bone and then I will fabricate a denture that will afix on top and will still be removable for easier cleaning," said Bernt of the process which gives the client the closest possible replacement for natural teeth.

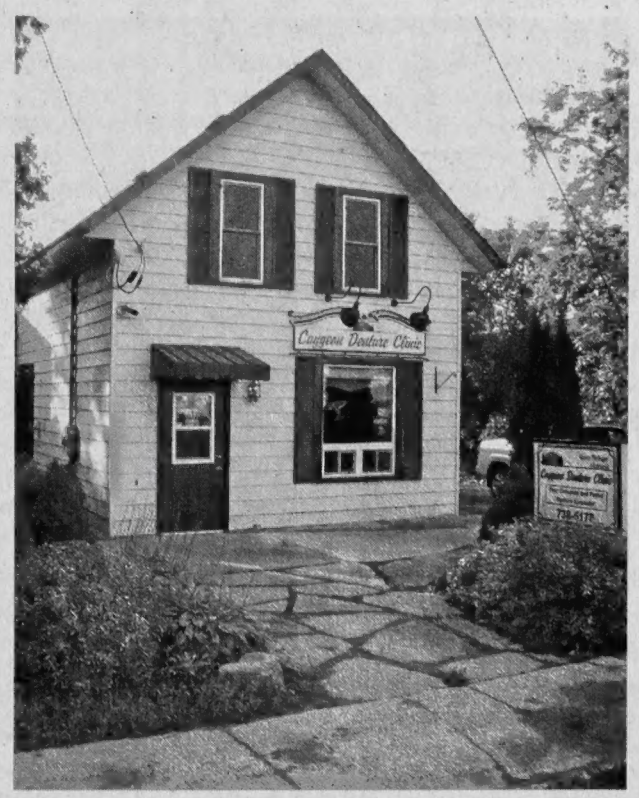
Bernt Fiebiger operates out of Lisa's Dental Hygiene Clinic in Haliburton, on Tuesdays

There are several different types of implants available from mini implants that can be placed in a day, to regular implants that take a little more time to heal.

Bernt says he gives each individual the opportunity to make a decision that they feel is best for them. At the same time, he guides them along the journey and recommends what would work well in their current situation.

In the past two months since Bernt has worked out of Lisa's clinic in Haliburton, "things have been going great."

"It's a beautiful, spacious office that provides a great atmosphere to work in," he said. "The clients (in the county) love the fact that it's more accessible to them. I've received positive feedback."



Caygeon Denture Clinic's main office in Bobcaygeon

If you're looking at improving your smile and need a professional who can help you to achieve that goal, simply call the Caygeon Denture Clinic's toll free number at 1-888-322-3032. In the Bobcaygeon area you can also call 705 738-5177.

Bernt and his staff will be glad to set you up with an appointment for your consultation at no charge. Bernt does not require a referral from a dentist so you can call his office directly. If you have a dentist, he will work in conjunction with him or her to ensure that all oral health care needs are taken care of. ■

Fine Jazz This Fall

Three Piece Band and Jake Wilkinson Will Entertain You

On Saturday, Sept. 19, come and enjoy a beautiful fall setting under a marquee tent on the Minden Hills Cultural Centre grounds while you catch some fine jazz music.

The evening will be top class with a jazz concert consisting of a three piece band including well known trumpet musician Jake Wilkinson.

Spend a delightful evening listening to some of Canada's best jazz musicians while enjoying a sampling of gourmet foods and wine, and also visit the current exhibition at the Agnes Jamieson Gallery.

Tickets are available by calling the gallery at 705 286-3763 or emailing gallery@mindenhills.ca. Major credit cards are welcome.

About Jake Wilkinson

Jake Wilkinson (pianist, trumpeter, trombonist) was born in England in 1971. His family moved to Denmark when he was just three years old, and came to Canada in 1978. He was nine when he began studying slide trombone, playing in local community bands, orchestras, and rock groups. At 16, while at the Claude Watson School for the Arts in Toronto, he developed a more serious interest in music as a career, switching to valve trombone and pursuing piano studies. It was also at this time he began studying privately with valve trombonist Rob McConnell.

Wilkinson began studying with Joanne Brackeen on a scholarship at the New School Of Music in New York in 1990. He had the opportunity there to play with established performers including Larry Willis, Cecil Payne, and Brad Meldhau, before returning to Toronto in 1991. At home he once again changed instruments to concentrate on the trumpet and spent much of the following year studying in New York with support from the Canada Council.

Jake Wilkinson has worked with Bob Mover and Don Thompson in the 'Toronto Jazz Quartet'; the Norman Marshall Villeneuve Sextet, and his own quintet. He has recorded with vocalists Liberty Silver and Priscilla Wright and done numerous recording dates for the CBC's 'JazzBeat' program. He performed on two separate occasions in the "Sound of Toronto Jazz" Concert Series at the Ontario Science Centre – as a member of the 'Toronto Jazz Quartet on October 23, 1995, and as leader of Jake Wilkinson and 'The Funky Boot Brass Band' on December 14, 1998. ■

New Owners For Hunter Creek Inn

by George Farrell

'Hunter Creek Inn is a unique, quaint, private little Country Inn, specializing in packages for families and couples who want to escape the hustle and bustle for some refreshing and relaxing quality time with the intimacy of our unpretentious service and hospitality. This is your Country Home away from Home.' So says the information on the website, and it seems in keeping with the philosophy of new owners Jennifer and Derrick Randles.

Derrick Randles is also the new owner of the Minden River Kings and the couple's decision to purchase the Hunter Creek Inn is tied directly to the hockey team. The takeover from previous inn owners William and Kim Redgrave took place in July, and the Randles are ecstatic with their new acquisition. They are from the Houston area in Texas, and their nephew Robert is a goalie for the River Kings. Last year when the new team was up for sale, Robert was concerned that the team might fold, so he called the Randles in Houston to find out if they'd be interested in investing in the team. To make a long story short, the upshot is that the Randles, who were looking to move to a smaller centre anyway, ended up as the new owners. Derrick had sold his cable company and was in semi retirement but he's still young and has tons of energy.

Derrick, Nate, Katherine and Jennifer Randles

The move to a different country doesn't seem to have fazed them at all, and the couple is already applying for dual citizenship. It helped matters, as far as the sale was concerned that Derrick is a huge sports fan. He admits to his first love being football, but hockey is surprisingly big in Texas, due to Gordie Howe and his two sons having played there in the old WHA, and also due to the fact that Team USA played Team Russia there one time. In Dallas, the American born Mike Modano is captain of the Dallas Stars, and he's responsible in a big way for hockey's continuing popularity.

As strange as it might seem the Randles look to be a perfect fit for Minden. They are a down- to-earth, friendly couple who place the family first. The family they brought with them includes Nate (12) and Katherine, just 18 months, as well as Robert, who's staying with them at the inn. Derrick's Mom, Dell Neal, will be moving up in the near future to stay and help out. She has a background in property management. Jennifer has experience in dietary nutrition, so what with Derrick's business acumen, they certainly have the skill sets to successfully run an inn as a family affair.

You might be wondering what all the hockey background info has to do with the inn. Well, the concept is that during hockey season, (which coincides with the slow tourist season), the many out-of- town hockey players on the River Kings team, who have to be billeted anyway, now have a place where they can all stay together. "The hockey team had such a great chemistry last year,' says Derrick Randles, "that we thought having them all stay here would just build on that." What resort wouldn't be happy with a guaranteed clientele in the slower tourist months from September through March?

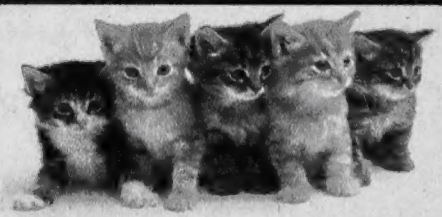
In the warmer months the Hunter Creek Inn will be geared towards families, couples, and people looking to hold private events like weddings and anniversaries. Hunter Creek Inn is located on a pretty 460 foot stretch of the Gull River, downstream from the town of Minden, and a short paddle away from Gull Lake. The well-kept grounds contain two Water Lily ponds, oozing with wildlife. "We like the peaceful atmosphere here," says Jennifer Randles. "There are no power boats right now, but we have canoes, kayaks, horseshoe pits, and BBQ's. People can have bonfires, and they can fish from the canoes or the dock. There's a small beach for the kids, and we're putting up a rope swing over the water."

Hunter Creek Inn features attractive, clean, comfortable and modern accommodations. There are 16 rooms in total, including rooms in the

Hunter cont'd...pg.11...

Floyd Hall Limited
Insurance Brokers
Cottages incl. rentals, Home, Auto & Business
2 Offices and 8 Licensed Brokers to Serve You Better!
Minden
705·286-1270
1-800-254-7814
ghall@floydhallinsurance.com
Haliburton
705·457-1732
Fax 705-457-2481
jmccracken.@floydhallinsurance.com
Your Insurance Broker Understands
Serving the Highlands for over 50 years

Adult Cats & Kittens Available To Good Home



Paulmac's Pet Food
Retailers of Quality Pet Food Plus Pet Accessories Plus Pets
Heritage Plaza Minden 286-1172

SUMMER CLEARANCE

NEW, NON-CURRENT & DEMO SALE

Hurry In! Limited Quantities

GREW 156SC - 1 ONLY

90 HP Yamaha Fourstroke, Covers, Full Cushion Pkg, AM/FM/CD, Built In Fuel Tank, Trailer.

$12,995*

GREW 166LE

90 HP Yamaha, Covers, AM/FM/CD, Swim Ladder, Sport Interior

$12,995*

GREW 170L - 1 ONLY

90 HP Yamaha Fourstroke, AM/FM/CD, Sport Interior, Swim Ladder, Covers.

$16,995*

GREW 170LE - 3 LEFT

3.0L Mercruiser (135hp), Covers, Sport Interior, Snap In Carpet, AM/FM/CD, Sundeck, Swim Ladder, EZ Loader Trailer.

$16,995*

GREW 178GR - 1 ONLY

$1600 Savings

90 HP Yamaha Fourstroke, Covers, Snap In Carpet, Tilt Steering, Clarion AM/FM/CD, Flip Up Bucket Seats, Upgraded Trim Pkg.

$20,495*

GREW 178GR - 1 ONLY

$1750 Savings

3.0L MerCruiser (135hp), Covers, Snap In Carpet, Tilt Steering, Flip Up Bucket Seats, Sundeck, Clarion AM/FM/CD, Upgraded Trim Pkg.

$20,495*

GREW 186SKI - 1 ONLY

$1500 Savings

115HP Yamaha Fourstroke, Covers, Snap in Carpet, Tilt Steering, Flip Up Bucket Seats, Clarion AM/FM/CD, Upgraded Trim Level.

$22,995*

YAMAHA OUTBOARDS — New, Non-Currents & DEMO SALE

2 STROKES		4 STROKES	
6 HP	$1685	F4 HP	$1418
8 HP	$2056	F6 HP	$1889
9.9 HP	$2388	F8 HP	$2293
15 HP	$2720	F9.9 HP	$2608
20 HP	$3000	F15 HP	$2849
25 HP	$3228	F20 HP	$3293
		F25 HP	$3835
		F90 HP	$8637*
		F115 HP	$10747*

*Engine Only

GREW 190GRS - 2 ONLY

$1900 Savings

115HP Yamaha Fourstroke, Covers, Snap in Carpet, U-Shaped Seating, Flip Up Bucket Seats, Tilt Steering, AM/FM/CD, Table

$23,995*

GREW FUNDECK - 1 ONLY

$4800 Savings

115 HP Yamaha Fourstroke, Bimini Top, Tonneau Cover, Snap In Carpet, Tilt Steering, Fishing Pkg, Flip Up Bucket Seat, 3 Lounge Seats.

$26,995*

GREW FUNDECK - 1 ONLY

$6700 Savings

4.3L MerCruiser (190hp), Covers, Snap In Carpet, Bimini Top, AM/FM/CD, Sun Lounge, Sink, Table.

$24,995*

MANITOU AURORA

$1900 Savings

20' Aurora, 8'6" wide, 60HP Yamaha Fourstroke, Highthrust Engine, Mooring Cover, Bimini Top, Swim Ladder.

$19,295*

Freight, PDI, taxes extra. Prices subject to change without notice.

Committed to Excellence - Committed to You!

WALSTEN Marine

(705) 488-2811

Hwy 121, 3 miles south of Kinmount

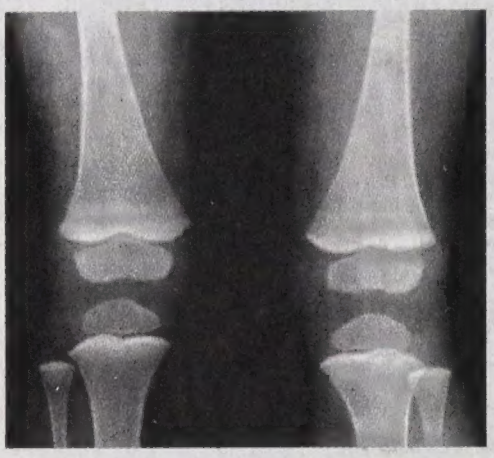
YAMAHA

Visit our website for previously enjoyed boats: www.walstenmarine.com

Scientifically Speaking

What When Where Why How

What's the biggest bone in your body?



The biggest bone in your body is the thigh-bone or femur, the one that connects the hip-bone to the knee-bone. It's got to be big and strong to support your weight as well as all the leg muscles that are attached to it. And it's long so that you can take big strides when you're walking. ■

An 'Ultra Run' at the Haliburton Forest

50-km, 50 Mile and 100 Mile Races – Sept. 12, 13

Ever ran in a marathon before? Want to see what it's like to really test your limits?

Then get your finest running gear together for the Ontario Ultra Series' (OUS) '100/50/50' Ultra in the Haliburton Forest on Saturday, Sept. 12 and Sunday, Sept. 13.

In this competitive run, runners have the option of entering in a 50-km, 50 mile or 100 mile route which goes through some of the most beautiful scenery that the area has to offer.

Participate and test your endurance at this sanctioned event.

The entry fee is $50 for 50-km, or 50 mile run, and $130 for the 100 mile run.

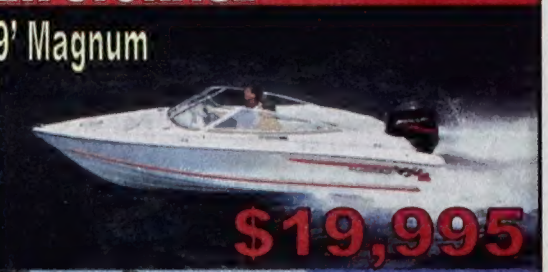
For more information on the event call the Haliburton Forest at 705 754-2198 or email haliburtonforest@sympatico.ca. ■

NEW, NON-CURRENT & DEMO SALE – WE WON'T BE UNDERSOLD
BUY NOW & GET FREE WINTER STORAGE

Yamaha VX110 WaveRunner PWC
4 Cylinder, 4 Stroke, 110 HP, 3 Persons, Multifunctional Instrumentation Panel, Digital Meter.

$8,599

Thundercraft 19' Magnum Demo Bowrider
Bow & tonneau covers, AM/FM/CD Stereo, removable ski pylon. With Mercury 150 HP EFI



$19,995

$12,999

Classic Demo 20'

Classic Demo 200 2 Pt with Mercury 50 HP ELPT 4 Stroke EFI, bimini top, tonneau cover, 23" pontoons, 96" beam, stern fishing area with 2 swivel removable fishing chairs, windscreen, boarding ladder, table, AM/FM/MP3 ready stereo

Limited 19' Rear Entry

$27,995

With MerCruiser 4.3L MPI Alpha (220 HP), rear entry walk thru, bimini top, tilt steering. Dual flip-up bolster seats, bow & tonneau covers, bow anchor storage, bow & sternladders, extended swim platform, dual axle trailer, AM/FM/MP3 ready stereo.

RESERVE YOUR WINTER STORAGE NOW

40% OFF ALL KNEEBOARDS, SKIS, TUBES, LIFEJACKETS, ROPES

Sales Service Parts Repairs Accessories Rentals Storage

YAMAHA MERCURY #1 On The Water

Wedgewood marine & RECREATION
Est. 1970

Serving Haliburton, Muskoka Lakes, Bancroft and the Kawarthas for over 39 years.
14445 Hwy 35 at 12 Mile Lake, Minden, On, K0M 2K0
705-489-2320 Toll Free: 1.888.462.6286
All listings online at : www.wedgewoodmarina.com

PINE RIDGE
ESTATES

Minden's Exciting New Neighbourhood!

In the Beautiful Haliburton Highlands

- Homes on 75'x150' lots
- 12 Designs to choose from
- 9' Main Floor Ceilings
- Expertly Crafted Models
- 2 and 3 Bedroom Designs
- Serviced Lots (Town Water & Sanitary)
- Steps away from the New River Walk

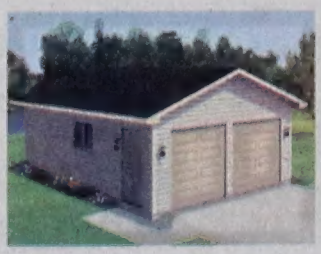
highlandparkhomes.ca

Call: 705-286-3646

ENERGY STAR

TARION

IF YOU CAN DREAM IT.... YOU CAN BUILD IT



Garage Package Sales

- Standard Garages
- Standard 2 Door Garages
- Standard 3 Door Garages
- Cottage Roof Garages
- Loft Garages
- RV Garages
- Side Entry Garages

We Will
MATCH
The TAX CREDIT of
13.5% OFF
If Purchase Of A Package

DREAMS BECOME REALITY AT HOME

Home hardware building centre

MINDEN HOME HARDWARE BUILDING CENTRE
16 Bobcaygeon Rd., Minden
286-1351

RENTALS
Easy to Build Packages in a Variety of Sizes and Styles
• Garages • Decks • Tool and Garden Sheds

building supplies • home & cottage design centre
kitchen & flooring centre • housewares • garden centre

"We're just really excited to be here."

Continued from pg 6

Coach House and the Main Inn. There are also luxury villas and suites with a fireplace, and double whirlpool bath. There's a lounge with a pool table, and a workout area. The dining room can seat 40, and the Randles plan to provide home cooking for the guests.

The Randles will offer guests a Continental breakfast, but many people decide to eat out. Though the Hunter Creek Inn is very secluded, excellent restaurants and amenities are close by. Some guest may want to do their own cooking, and some of the units feature kitchenettes, with fridge and stove.

Many of the hockey players who will be staying at the inn are from far-away places such as Perth, Australia, Connecticut, Chicago and Texas. The Randles also have lots of friends formed through their membership in the Former Student Association of their college, Texas A&M, and they expect some of them will come up to visit. "Y'all have the things up here that Houston doesn't have," Derrick Randles exclaims in his Texas drawl, "including better weather. In Houston right now the temperature is over 100 degrees." Jennifer agrees: "We're just really excited to be here."

Perfectly reflecting the new owners, Hunter Creek Inn is an unpretentious place, and while it can't be described as luxurious, it's comfortable, clean, private and peaceful, with well kept grounds, water access, and lots of space for outdoor activities like hiking, biking, boating, and just plain relaxing.

Hunter Creek Inn is located at 1613 Hunter creek Road, Minden ON. For more information Tel: 705-286-3194, Toll Free: 1-866-341-3194, Fax: 705-286-3197, email: info@huntercreekinn.com Or access the web site at www.huntercreekinn.com/accom.htm. ■

Studio Tour Sneak Peek

Want to catch a sneak peek of what this fall's Haliburton County Studio Tour will have to offer? Then head either to Minden or Haliburton this month for an overview of the tour.

On this preview, you will be able to see work of artists on the tour, pick up brochures with a map and descriptions, and chart your course.

The preview will be held in Minden from September 22 – 30 at the Agnes Jamieson Gallery and in Haliburton from September 26 – October 11.

For more information (i.e. hours of the preview) contact the gallery in Minden at 705 286-3763 or the Rails End Gallery & Arts Centre at 705 457-2330.

About The Haliburton County Studio Tour

The 22nd annual Haliburton County Studio Tour will be held on two weekends – Saturday, Oct. 3 – Sunday, Oct. 4 (10 a.m. – 6 p.m.) and Saturday, Oct. 10 – Sunday, Oct. 11 (10 a.m. – 5 p.m.).

On the tour you will be guaranteed to find:

- the work of over 26 artists and artisans featuring original and unique fine arts and crafts - new work, new colours, new items
- the opportunity to meet artists in their studios
- a chance to experience the creative process through discussion and demonstration of new works
- the breathtaking fall beauty of the Haliburton Highlands

For more information about the tour and the featured artists visit www.haliburtonstudiotour.on.ca. ■

Serving Haliburton County since 1994

McKee Security

1496804 ONTARIO INC. & Telephone Systems

HALIBURTON COUNTY HOMEBUILDERS ASSOC

www.mckeesecurity.ca
fax: 457-4269

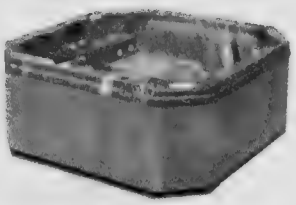
457-2156

Security Systems • Camera Surveilance
Home Audio Distribution • Structured Wiring
Surround Sound Systems

Norm Barry

Hot Tub Maintenance

Sales • Heatshields
Chemicals



Weekly/Bi-Weekly Water Analysis &
Chemical Balancing
Bromine • Chlorine • Salt Water

Cottage Check & Maintenance

Property Maintenance
Security Checks

Weekly/Bi-Weekly Surveillance of:
Heating • Plumbing • Grounds Inspection • Snow Removal

"Relax at the cottage and in your tub
Let us do the work"

Norm Barry (705) 754-1078 • Cell 457-0153
normrbarry@hotmail.com • Box 77 • West Guilford • K0M 2S0

New Mckeck's Owner Implements Changes

By Mark Arike

As the former president of continental Europe for Sony BMG, Maarten Steinkamp became quite accustomed to jet-setting around the globe, mixing and mingling with the heavy weights in the music industry, and working around the clock to carry out what were an immense amount of responsibilities. After dedicating 20 years of his professional career to the multi-billion dollar conglomerate, Steinkamp decided that it was time set his sights on something a little bit different: the restaurant business in Haliburton.

This July, Steinkamp purchased McKeck's Place on Haliburton's Highland St. from Walt McKechnie, the former NHL'er who founded the restaurant.

Why did this record exec choose to step down from his busy position in the music business last year and head off into unchartered territory in the food industry?

"Because of the decline in the music industry, BMG and Sony Music merged in 2004," explains Steinkamp. "It was a 50/50 joint venture between Sony and Bertelsmann AG (a major media corporation), but Bertelsmann decided to sell their shares and step out."

Once that happened Steinkamp says he didn't see much of a future with Sony because he was a "BMG guy" and things didn't seem to be much about the music anymore. He says he felt more like a "bank manager" once the companies merged.

"It was about making the numbers work by firing more people and pleasing the shareholders," he says.

Steinkamp grew up in a small village (a population of about 5,000) called Kortenhoef in the Netherlands.

"It's a small community, very similar to the Haliburton, with all the good and the bad" he laughs.

In his hometown, Steinkamp did a little bit of everything. By day his first job was in the tourism industry, and at night he was dj-ing at a local community centre. On the side he was a volunteer fire fighter.

He eventually went on to become a journalist at a daily regional paper in the Dutch city of Hillverson, which opened the door to landing him a press promotion position with BMG/RCA. His dj experience also looked good on his resume because he knew what was "hot" and what was "not".

He quickly worked his way up in the ranks, becoming a marketing manager until eventually an executive. Prior to the time when the music industry faced its troubles, Steinkamp thoroughly enjoyed many aspects of the people orientated business.

In his countless business trips, which saw him work out of places like London, Asia and New York, Steinkamp met a Canadian (and his future wife) who introduced him to a place he had never heard of – Haliburton.

"I met Laura (nee Patterson) in New York when Jive Records was acquired by BMG," Steinkamp recalls. "She was working for the same company but for a different division."

Laura was the first female president of Virgin Records Canada and Jive/Zomba Canada, which included artists like Britney Spears and the Backstreet Boys on the label, and she later moved to New York where she took up the role of senior vice president for Jive.

For years, Laura had cottaged on Lake Kashagawigamog. She asked Steinkamp, who couldn't even pronounce the name of the lake at the time, to come up for a visit.

"I came here in the fall of 2003 for the first time and I was like, 'whoa, this is cool!'" After having a discussion, the two promised one another that they would one day purchase a piece of property in the area and build a cottage. One year later they found that property on Kennisis Lake and did exactly that.

After going back and forth to the cottage from their home in London, England, Steinkamp says he developed a desire to have "a little business here" of his own before setting his sights on retirement.

He first looked at the Old Country House, which is located just down the street from McKeck's. He approached Karen Frybort, the long-time, loyal manager of McKeck's, to see if she'd be interested in heading over to the Old Country House to run whatever operation he'd have in mind. Karen kindly declined.

"She said, 'I can't do that, I can't leave McKeck's,'" remembers Steinkamp, admitting that he was well aware of the fact that he couldn't run a restaurant on his own. Frybort suggested that he look at buying McKeck's instead.

In April of 2009, Steinkamp met McKechnie for the first time at the airport in Toronto after stepping off a flight from Los Angeles.

"He drove down after Karen hooked it up," he said. After proving to Walt that he wasn't just some fly-by-night record exec looking to make a quick buck, the two met up on a few occasions. McKechnie felt comfortable enough with Steinkamp, and Steinkamp felt that McKechnie was a reasonable businessperson. The transaction was soon made thereafter.

Since Steinkamp took over the restaurant, he started making changes. He's kept 'Mckeck's' in the name, but has dropped the word 'Place'.

"The McKeck's name has been here for 23 years and we are a truly local restaurant," says Steinkamp.

There are a few other key changes that this new owner has planned for the establishment. After Thanksgiving, major renovations will be completed in order to improve the building and the quality of service that can be offered to patrons. This is an area in which Laura will significantly help with since she is also an interior designer.

Many new options will be added to the menu because of a local chef who is heading up the kitchen. From mussels to filet mignon, Steinkamp says you should expect to see things that McKeck's has "never had before."

He also plans on having certain themed nights at the establishment, such as a local music talent night and a hockey night.

Another major part of what this entrepreneur is doing is launching up a local charitable program called 'The Blue Line'. You'll soon see the name alongside the McKeck's logo on the building.

"I'm not just buying a restaurant," explains Steinkamp, "I'm buying a different life… we want this place to be a little engine that will push things forward here."

The Blue Line will be in place to support several community initiatives, which could include sports, healthcare, education, etc.

Through The Blue Line, Steinkamp plans to host a large music festival

Mckeck's cont'd...pg.13...

Former Record Executive Maarten Steinkamp Likes Haliburton's Authentic Qualities

Cont'd from pg.12

fundraiser in Haliburton's Head Lake Park. Not only would it give local talent an opportunity to strut their stuff for audiences, but Steinkamp also plans on flipping through his Rolodex in hopes of garnering some big names out to the show.

As for the day-today running of the restaurant, that is being left in the hands of Frybort.

"Karen runs it; she is the boss," he says adamantly.

Along the way, Steinkamp also ended up purchasing The Old Country House. Though he plans on first looking after McKeck's before doing anything with it, he did say that it will likely be a restaurant this time next year.

In addition to what he's now doing in Haliburton, Steinkamp is also a major shareholder with a few businesses in Europe. Next year, the 47-year-old plans on retiring and settling in Haliburton.

In this town, and especially from what he sees in McKeck's, it's all about "real people, with real problems, real happiness and sadness."

"The music industry is less than fantastic," he points out. "For me it's great to move back into real life."

To find out what else Steinkamp has planned for McKeck's, feel free to call the restaurant at 705 457-3443 or drop and try something on the tasty menu for yourself! McKeck's is located at 207 Highland St. in Haliburton. ■

CLEARING OUT
SUMMER STOCK!

You Gotta See It Now At...

Highland Leisure
Fine Billiards & Games Tables
Yellow Balu & Wicker Furniture Indoor & Outdoor
489-3131
Located on Hwy. 35, Just North of Hwy. 118, Carnarvon

For Those About To Dine - We Salute You!

Extensive Wine List
Large Children's Menu
6 Draughts on Tap

SUMMER HOURS
Mon - Fri From 4 pm
Sat & Sun From Noon

The Pepper Mill
STEAK & PASTA HOUSE
(705) 489-1939

Hwy 35 South of Carnarvon 489-1939

Lose Weight and Keep It Off

Affordable TOPS Training Available in Haliburton County

Interested in losing weight and keeping it off? Then consider the benefits of taking TOPS (Take Off Pounds Sensibly) training in Haliburton County.

Through TOPS you'll receive weight loss support and wellness education that's suitable for those of all ages at any point in their lives. TOPS' mission is to support their members as they take and keep off pounds sensibly.

What is TOPS and where did it originate?

TOPS Club, Inc. is a non-profit, non-commercial weight loss support organization based in Milwaukee, Wisconsin, USA, with chapters located worldwide. Its two-fold objective is to encourage healthy lifestyles through weight management support groups and to sponsor obesity research.

TOPS was founded in 1948 by Esther Manz, as a response to the need to assist overweight and obese people lose weight by setting up a support group system. Over the years, as more weight management problems such a bulimia and anorexia became widely recognized in medicine, TOPS expanded their scope to include all people with weight problems. They also created an incentive for club members who reach and maintain their weight at their goal level to stay in the club as KOPS (Keep Off Pounds Sensibly) members – giving them extra recognition to help encourage other members in the club to help encourage other members in the club. Club meetings emphasize nutrition and exercise education focused on supplementing a member's effort to manage their weight. TOPS also has published education material for its members.

TOPS has about 170,000 members in nearly 10,000 chapters in the U.S., Canada, and numerous other countries throughout the world. Membership includes women, men and children.

A membership in Haliburton County is just $30 to join, or $2 per day.

New members are advised to consult with their physician to obtain a goal weight for him or her, and then report it to their chapter weight recorder. Members meet weekly with their local chapters. A private weigh-in is followed by a program. Programs vary, but all serve to provide members with positive reinforcement and motivation in adhering to their food and exercise plans. Chapters elect their volunteer leaders from their membership.

To learn more about the program offered in Haliburton County, and to find out how you can sign-up, call Donald or Mary at 705 447-2420 or email them at stormylake@sympatico.ca.■

Forest Management Workshop Opportunity

The Haliburton Highlands Stewardship Council, in partnership with the Parry Sound-Muskoka Stewardship Network and the Ministry of Natural Resources will be hosting their annual Forest Management workshop on Friday, Sept. 11, 2009 at the Dorset Recreational Centre. This informative, one day workshop is part of the ongoing Stewardship Series Workshop format that is entering its eleventh year of offering land stewardship education programs to landowners, cottagers, naturalists and those with a general interest in learning more about our natural resources.

Titled "Management Options for Your Woodlot" the Sept. 11 workshop will cover topics such as what forest management options are available for landowners, common tree defects and their impact on forest health, managing the woodlot for wildlife, tips on selling your standing timber and choosing a logging contractor.

Participants will also have an opportunity to learn about the Managed Forest Tax Incentive Program and the financial values of having a forest management plan. Following the morning session and lunch, participants will have an opportunity to visit both managed and unmanaged woodlots in the Dorset area as well as learn how to identify some of the tree defects discussed in the morning session.

New this year is a free copy of the second addition of "A Landowner's Guide to Selling Standing Timber and the just released handbook titled "A Landowner's Guide to Careful Logging". Also participants will have an opportunity to learn about recently published tree growth volumes and values from over forty years of MNR research using selective cutting as a management tool.

The workshop runs out of the Dorset Recreation Centre on Friday, Sept. 11, 2009 from 9 a.m. - 3:30 p.m. with registration starting at 8:15 a.m. and the cost is $25 per person. This includes the inside morning session, lunch, field trip and take home material.

For more information or to register please contact Chris Near, A/Stewardship Coordinator at 705 286-5206 or christopher.near@ontario.ca

Early registration is encouraged for this very popular workshop.

■

OFFICE SPACE AVAILABLE IN HALIBURTON
HIGH SPEED OFFICES
HALIBURTON BUSINESS CENTRE
WEEK, MONTH OR YEAR
Great for small business!
705.457.8898

HIGHLAND JUNCTION
"The Cleaner Shop"
Repairs & Parts For All Makes & Models
Authorized Sales, Service, Installation
CENTRAL CLEANING
BEAM® SYSTEMS
(705) 457-2272 PHONE/FAX TOLL FREE 1-888-377-6444
20 YEARS EXPERIENCE
12904 Hwy. 118 & County Road 14, Haliburton, ON. K0M 1S0

Kinmount, A Community Celebrates

Movie Night Features Debut of Promotional Video

As part of Heritage Week, (July 24 to Aug 3rd), there was a Film Festival which took place on the evening of the 28th at the Kinmount Community Centre. The festival featured films and videos about Kinmount. Among the videos shown to an appreciative crowd of over 50 people was the 'Ballad of Kinmount,' produced by Kinmount resident Lynne Kilby. Lynne is a self taught movie maker and her effort featured Kinmount's history as shown in numerous old black and white photographs. Local youngsters Corey Callaghan and Jacob Weiller showed their video ode to Kinmount called 'Historica,' which was a project done through their school history fair. It too was very well received. In addition there was a History channel video called 'The Path To Gimli,' which traced the path of settlers from Iceland, who stayed tragically for a while in Kinmount.

The evenings Master of Ceremonies, local historian Guy Scott, showed video footage that he had taken of the Kinmount Fair parade in 1993, and some of the audience tittered as they saw images of themselves at an earlier age, and in some cases several pounds lighter in weight. Other offerings included the Wintario Draw which took place at the fall fair in 1998. The well-known National Film Board documentary "A Country Doctor," about doctor recruitment in Kinmount, rounded out the evening.

A highlight of the movie night had to be the promotional video 'Kinmount, A Community Celebrates.' It was co-produced by Highlands Media Arts and Communicator/ Voice writer and videographer George Farrell, who also wrote the script and narrated. It's a comprehensive video starring Kinmount in all four seasons. The Kinmount Committee For Planning and Economic Development Chairperson Diane Austin commented, "The purpose of the video was threefold," says Austin. "First we wanted to capture, as much as we could, a year in the life of Kinmount, during our Sesquicentennial year. Secondly we wanted an historic document for future generations, which would show some of our businesses, many of our volunteers, well known personalities, other residents, and our sense of community pride. Thirdly we were looking for a great marketing tool to encourage people to come and find out what we're all about. Are we overjoyed with the result? You bet! George captured all three objectives with an extremely informative and entertaining video."

"Pamphlets are nice, but nowadays you have to have video if you want to properly promote and advertise your area," Guy Scott offers. "This, and future generations, are part of the video age. The more sound and action about the community the better."

'Kinmount, A Community Celebrates,' makes a great gift. It's retailing for $15 and will be available at the Artisans Marketplace, Austin Lumber, Gateway Variety, and the Tourist Information Centre in the Railway Station. It will also be available at the Committee For Planning booth at the Kinmount Fair on the Labour Day Weekend. ■

Movie Series begins September 8th in both Haliburton and Minden

When THOSE OTHER MOVIES begins its fourth season on September 8, for the first time their film series will run in both Haliburton and Minden; at the Northern Lights Centre for the Performing Arts located at Haliburton High School in Haliburton Village and at the newly renovated Beaver Theatre in Minden.

THOSE OTHER MOVIES, a local non-profit group has for the past three years run an annual movie series featuring quality Canadian, foreign and independent films in Haliburton Village. THOSE OTHER MOVIES committee members, Tammy Rea, Roberta Coles, Carol McClennan, Marci Mandel and Peggy Cassils are thrilled to be able to run their film series in both towns this year.

"Being able to run THOSE OTHER MOVIES in Minden is something that we have wanted to do for some time. With the re-opening of the Beaver Theatre, our Minden area pass holders will no longer have to drive all the way to Haliburton to see great movies," states committee member Roberta Coles. "We are also pleased to announce that THOSE OTHER MOVIES will be donating all the DVDs from the past year's movie series, including the Haliburton International Film Festival selections, to The Haliburton County Public Library to share with the entire community."

THOSE OTHER MOVIE seasons passes are $60 for ten films screened monthly from September until June, with two shows; 4:15 pm and 7:15 pm at both the Northern Lights Pavilion and at the Beaver Theatre. Individual movie tickets may be purchased at the theatre door before the start of each movie for $8.00.

Fall Movies Scheduled (subject to change)

September 10/09 - OUTSOURCED, October 8/09 – THE BIG NIGHT, November 5/09 – STONE OF DESTINY, December 3/09 – YOUNG @ HEART

Go to www.haliburton-movies.com for complete movie descriptions. ■

Harmony Farm
Restaurant -Gourmet Shop-Café-Bakery - Catering
One of a Kind Menus
Artesian Cheese, Frozen Entrees
Next Bistro Night
SEPTEMBER 26TH
Reservations Required
NO NEED TO COOK
THIS THANKSGIVING!
3 Course Meal Cooked For You!
Available For Dine In or Take Out!
Harmony Farm - In the heart of the
Haliburton Highlands and Kawartha Lakes.
Unique Dining and Shopping•Catering for all Occasions
EXPLORE YOUR SENSES
705-488-3300
#3290 County Road #121
(6 Km South of Kinmount- South of Crystal Lake Road)
15 Minutes from Bobcaygeon, Fenelon Falls & Minden
Wednesday 10-3 • Thursday 8-8 • Friday 8-8 • Saturday 9-4
Sun 9-4. Mon 4-8 (Cheap night at Highlands Cinemas)
Open Holiday Mondays
www.harmonyfarm.ca

Celebrating R.D. Lawrence's Life

Give Away Those Unwanted Items to R.D. Lawrence Place

Recycle those unwanted items by donating them to the R.D. Lawrence Place table and help raise funds for an archive room that will preserve the R.D. Lawrence collection. Or, you can buy a table and turn clutter into cash!

And on Saturday, Sept. 12 the R.D. Lawrence Place will host the "Great Green Garage Sale". At the sale you will discover information about environmental products and services. The event is a celebration of Ron Lawrence's birth date and as per his tradition, a ceremonial planting and a reading of his works will take place.

For information about booking a table please call 705 286-2298. ■

That's Life

A Comical Look at Life's Situations

The Giraffe test

1 - How do you put a giraffe into a refrigerator? …
Stop and think about it and decide on your answer before you move on…..

The correct answer is: Open the refrigerator, put in the giraffe and close the door.

This question tests whether you tend to do simple things in an overly complicated way

2 - How do you put an elephant into a refrigerator?
Did you say, open the refrigerator, put in the elephant and close the refrigerator?

Wrong answer.

Correct answer: open the refrigerator, take out the giraffe, put in the elephant and close the door.

This tests your ability to think through the repercussions of your previous actions.

3. The Lion King is hosting an animal conference. All the animals attend, except one. Which animal does not attend?

Correct answer: the Elephant. The elephant is in the refrigerator. You just put him in there.

This tests your memory.

Okay, even if you did not answer the first three questions correctly, you still have one more chance.
There is a river you must cross but it is used by crocodiles, and you do not have a boat. How do you manage it?

Correct answer: you jump into the river and swim across.
Have you not been listening? All the crocodiles are attending the animal meeting.

This tests whether you learn quickly from your mistakes.

According to Anderson Consulting Worldwide, around 90% of the professionals they tested got all the questions wrong, but many preschoolers got several correct answers. ■

Location, Price and Lifestyle Concept make Watercolours a Singular Opportunity in Haliburton

Elegant Carefree Living with an Exciting Range of Programs Designed to Enhance Your Health and Wellness

- *indoor salt water pool and spa all year round*
- *creative classes in the art studio - painting, drawing, pottery, jewellrey classes and more*
- *yoga , meditation and cardio health in the studios and fitness rooms*
- *internet cafe lounge, entertainment/party room with caterers kitchen*
- *green roof garden with BBQ*

A Watercolours Lifestyle Director Arranges the Schedule and Delivery of All of Your Programs and Services

- *schedule a homemaker for help with cleaning and cooking*
- *order in a meal*
- *have the peace of mind knowing services and care are their if you need it everything organized for you*
- *worry free living no snow shovelling or grass cutting*

Elegant Features and Finishes

- *all stainless steel appliances*
- *hardwood flooring*
- *an exceptional selection of over 50 different finishes to choose from*

Century 21
Granite Realty Group Inc.
Brokerage

Mark Dennys	Drew Bishop	Kristin Bishop
Sales Representative	Broker	Sales Representative

705.457.1200

Visit our
Presentation Centre *open daily*
152 Highland Street
Haliburton

WATERCOLOURS

THE ART OF LIVING . .
IN HALIBURTON

www.watercolourscondo.com

More Programs Added and New Full-Time Fitness Instructor Introduced

With the fall season fast approaching, Lorie Kah, owner of Physical Journeys Fitness, has added more classes to her already extensive program line-up for those looking to improve their level of physical fitness and overall well-being.

"I've always had my hand in fitness," explained Lorie, who began her professional career as a youth counsellor. "While being a youth counsellor was my previous full-time job, fitness and a healthy lifestyle had always been a passion of mine."

Before permanently moving to the Highlands and bringing her fitness business to the area, Lorie lived in Fernie, B.C. While there she became even more heavily involved in fitness, which led her to muster up the courage to launch her own business.

"That's where I really took a big step into it," she explained, "that's where I started Physical Journeys Fitness."

Lorie began working at a recreation complex where she was provided with all of the necessary workout equipment – all she had to do was create the programs and lead the classes. She put herself through more and more training programs to ensure that she would be fully certified to teach her programs.

Lorie is currently a Certified Fitness Instructor by the OFC (Ontario Fitness Council), certified in Sport Conditioning and a Can Fit Pro Personal Trainer.

"I worked the spectrum when I was out there... I did some rehabilitation work for those who were looking to get back into the workplace and then I started working with athletes," she said.

In the summer of

Physical cont'd...pg.19

KAI-SHIN KARATE
Established 1987
"NORTH BRANCH"
"SENSEI" MICHAEL CHAPMAN
6TH DEGREE BLACK BELT
FALL SESSION STARTS SOON!
Pre-Register by Oct. 1st and Receive 1 free month of Instruction
Open in Haliburton Since 2000
"Sensei" Mike Chapman has over 40 years of experience in Canada's oldest and biggest Karate Association in Canada, Kai-Shin
For more information, phone or drop in for a coffee
Better yet, drop in for a FREE CLASS.
OPEN 5 DAYS A WEEK
(705) 457-3616 229 Highland St, Haliburton

Aging WELL in HALIBURTON COUNTY
YOU MAY CHOOSE TO ENTER A DRAW TO WIN A $50 GIFT CERTIFICATE
Are you 50 + ?
Here is YOUR opportunity to express YOUR challenges and concerns about Aging in Haliburton County.
Your participation in this survey will help identify needs for a healthy, active age-friendly community for all.
Survey Pick-up / Drop Off
- HKPR Health Unit Office (191 Highland St., Unit 301) Haliburton Village
- Haliburton Highlands Family Health Team Office (6 McPherson St.) Minden
- Haliburton Highlands Family Health Team Office (7217 Gelert Rd.) Haliburton
- Community Care Haliburton Office (83 Maple Ave., Unit 3) Haliburton
- County of Haliburton Office (11 Newcastle St.) Minden
- Haliburton Highlands Family Medical Centre (7217 Gelert Rd.) Haliburton
- Minden Medical Centre
- Any of the local Municipal Offices in Haliburton County
To complete this survey online visit: http://www.hhfht/whats_new.com
The survey is confidential and you are only asked to leave your name & number if you wish to be contacted in the future or entered in our gift certificate draw
For information about this survey contact
Angela Van Berlo, Health Promoter
HKPR District Health Unit
(705) 457-1391
avanberlo@haliburton.hkpr.on.ca
Canada
Funding for this project has been provided by the New Horizons for Seniors Program

"Learn how to move so that you can better enjoy life in all aspects"

Cont'd from pg.18

2000, Lorie moved to the county and opened up two Physical Journeys Fitness locations – one in Minden and the other in Haliburton.

"My location in Minden (above the Haliburton Highlands Copy Centre off Main St.) has been here from the beginning. In Haliburton I have changed locations over the years because they've had to change," Lorie pointed out.

After having to move around locations in Haliburton, Lorie found a spot to work out of in the Hill Chiropractic and Physiotherapy Clinic (located in the Highlands Health Centre).

"I have to admit that I learned a lot from them (Robert and Wendy Hill), especially in the rehab field," Lorie explained, "they were really supportive of my work which was good because I could refer people to them and they could refer people to me."

Meghan Cox joins Physical Journeys Fitness full-time this fall.

Now her Haliburton location is at the Millennium Lifestyles Health & Fitness Centre on Harmony Rd.

Over the years, Lorie has gained an invaluable amount of experience in working with groups of people and she has also built a growing client base. The demand for her services has grown so much so that she has decided to offer more programs for the fall and even hire some help.

"I have brought Meghan Cox on-board to teach a number of classes starting in September," explained Lorie. Meghan is a local resident who also has an extensive background in health and fitness. She is a certified personal trainer, Group Instructor, Nutrition and Wellness Counsellor and a Fitness Boxing Basic Instructor.

Since 2003, Meghan has taught a variety of classes including kickboxing, athletic boxing, interval training, strength training and Pilates.

"With Meghan here I'll be able to continue to grow my business," said Lorie.

At Physical Journeys Fitness, you'll find a number of programs that will help you "learn how to move so that you can better enjoy life in all aspects."

Exercises focus on several key areas such as flexibility, cardio, strength, toning, balance and more.

"Each class has a different dynamic to it based on the people who are in the class," explained Lorie, adding that the needs of each individual are looked at closely in every unique program. The programs run for an average of three months.

Most of the programs are made to work for the average person, however, Lorie also trains athletes who need to get into peak physical condition in preparation for their future athletic endeavours.

"My job is to keep them passionate about where it is that they want to go," she said.

Athletes Lorie works with can pick and choose from classes that include speed, stretch and strength training. She works with two groups – juniors (ages 13-16) and seniors (18-21).

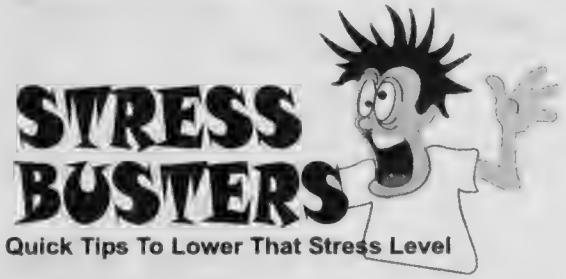
It's evident that Lorie and Meghan are both very passionate about health and fitness, and that they find joy in helping people better themselves.

"I love people, love to teach them and bring joy into their life," said Lorie, "and I have a passion for movement on every level."

So whether you're a man or woman, a fitness enthusiast or want to enjoy movement in your daily life, there's a number of programs to choose from that could work well for your lifestyle.

Fall programs begin on September 8 and run until December 23. Pre-registration is required for all programs. Dates and times are subject to change based on registration.

To learn more or to register contact Lorie at 705 457-3224. ■



Simplify the decisions you have to make getting dressed each morning by thinning out the number of clothes in your closet. Get rid of everything that you rarely, if ever, wear anymore. Consider donating other clothing on all but a few basic coordinating colours that work for you; for example, black, whites, and neutrals. Stick to a few basic outfits and change the look with ties, scarves, or other accessories. ■

Hearing Tests at NO CHARGE to You!
Minden / Haliburton
HEARING SERVICE
41 Main St., Minden & Halco Plaza, Haliburton
Gordon L. Kidd
Registered: Hearing Instrument Specialist
Hearing Instrument Dispenser
Testing in Wilberforce every 3rd Tuesday
457-9171 • 286-6001
1-866-276-7120
Gord Kidd
Hearing Instrument Specialist

Help Us Reach For The Future
for your hospitals & health care facilities
P.O. Box 1413
Haliburton, ON
K0M 1S0
705-457-1580
P.O. Box 30
Minden, ON
K0M 2K0
705-286-1580
Fax: 705-457-2398
Web: www.hhhs.on.ca/foundation.htm
Email: foundation@hhhs.on.ca
HALIBURTON HIGHLANDS HEALTH SERVICES FOUNDATION

Why do I need a financial plan? *with Susan Lee*

You wouldn't take a long road trip without a map. In the same way, you need a road map for your financial future. A financial plan looks at where you are today and where you want to go. Then it leads you through all the steps you need to take to get there. Some dangers of not having a financial plan are:

- You may get what you want today but not be able to get what you need a few years from now. If you buy a new car now, will you have enough savings later to buy a house?
- You may do the wrong thing with your money, like becoming a victim of a scam. Worst of all, you may end up doing nothing and never reach your goals.
- You may not see the big picture. You may grow your savings, but then pay more tax on your money then you need to.
- If you have a partner but no plan, you could end up making very different choices about spending and saving. Then neither of you will get where you want to go.
- You'll likely have some worries about money. You may not know where you are today or how to plan ahead. You could even lose control of your spending and fall behind on your bills.

A financial plan is not about getting rich, and you don't have to be rich to have one. It's about doing more with what you have. No plan, no progress.

As a financial planner I take a broad view of your situation. I look at who you are, where you are now, and where you want to be and construct a plan to get you there. A financial plan will help you make the most of your money. Before you can build one, you need to know where you stand. Start by taking a look at your finances today, what you own, what you owe, what you make, what you spend and what you hope to achieve (your goals).

A financial plan takes work and to meet your goals you need to make choices. Unless you have an unlimited supply of money, it's pretty hard to have it all. Most of us have to make choices. If you don't know what to do, a financial planner can help you work out the best balance and find a plan you can live with. Your financial goals will likely change as you go through different stages of life. A financial planner can help you balance what you need today and be ready for the years to come.

Give me a call and we can meet and discuss your financial future and put you on the right road to achieve your goals.

Helping you plan your future.

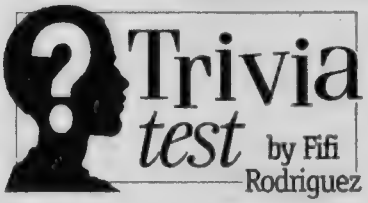
Susan Lee, CFP
CERTIFIED FINANCIAL PLANNER
susanlee@xplornet.com
office: 705-457-3207
www.susanleecfp.com

It's the Law

It's the Law

Sec. 441-105. Effect of this chapter on horses and other animals. No horse or other animal, either driven or ridden, shall be left unattended, unhitched or insecurely fastened upon any street or public place, or hitched or left at any place when and where the parking of motor vehicles is prohibited and, when so left, the horse or other animal and any vehicle drawn by it shall be subject to all applicable provisions regulating motor vehicles at any such time and place. No horse shall be driven or ridden on any street in the city at a speed in excess of ten (10) miles per hour and every horse shall be kept under control at all times by the person in charge thereof. Such person shall be subject to all applicable traffic regulations that apply to motor vehicles. (Code 1975, § 29-5)

One may only throw a stone at a bird in self-defense.
Posted in United States, Indianapolis, Indiana ■



1. HISTORY: In what modern-day country did the ancient Etruscan civilization once thrive?

2. GAMES: How thick is a standard hockey puck?

3. MUSIC: Who is the lead guitarist and singer for the rock band Weezer?

4. U.S. PRESIDENTS: Where was President Lyndon Johnson sworn into office?

5. MOVIES: What was the name Roy Hobbs gave his baseball bat in "The Natural"?

6. ANIMAL KINGDOM: What kind of animals would a cryptozoologist study?

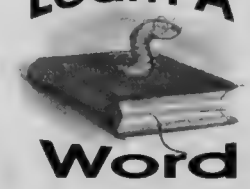
7. MYTHOLOGY: Who was the Egyptian goddess of love, music and beauty?

8. U.S. STATES: What is the state capital of New Hampshire?

9. TELEVISION: What is the last thing each failed designer-contestant hears before leaving "Project Runway"?

10. LITERATURE: Which one of Shakespeare's characters speaks the line, "The evil that men do lives after them,/The good is oft interred with their bones;/So let it be with Caesar"?

Answers
1. Italy
2. 1 inch
3. Rivers Cuomo
4. Aboard Air Force One following the assassination of President John Kennedy.
5. "Wonderboy"
6. Legendary animals like the Loch Ness monster or Big Foot
7. Hathor
8. Concord
9. "Auf Wiedersehen" (German for "goodbye")
10. Mark Antony



Forebear

\for-bar\ n: ancestor, forefather; also: precursor – usually used in plural.
The beautiful gray stallion showed the bloodlines of its forebears, who were said to have carried the conquering armies of Genghis Khan across Asia.

Lange on the Law

Donald Lange

by Donald J. Lange
Barrister & Solicitor

Estoppel Doctrines

The word "estoppel" is derived from Old French, literally meaning "stoppage." The law of equity, or fairness, has developed several estoppel doctrines to deal with situations people find themselves in when one person relies upon another person's conduct or words. The doctrines are estoppel by conduct or representation, estoppel by deed, promissory estoppel, and proprietary estoppel.

Proprietary estoppel relates to land and has these essential elements. An equity arises between two people when an owner of land ("A") induces, encourages or allows the person claiming the estoppel ("B") to believe that B has or will enjoy some right or benefit over A's property. In reliance upon this belief, B acts to his or her detriment to the knowledge of A. A then seeks to take unconscionable advantage of B by denying the right or benefit which B was expecting to receive. An example is when A says to B: I will give you a deeded right of way over my land if you do not oppose my township application for rezoning of the land which B was intended to oppose. B agrees. The application is granted and A refuses to grant the deeded right of way.

A different kind of estoppel is an estoppel *per rem judicatam*. This is an estoppel applied in the court system and the Latin phrase literally means "it has passed into a matter adjudged." A plaintiff may only sue once in the court system for each case. He or she must bring forward the entire subject matter of the case at one time and claim every court remedy which flows out of the subject matter of the case. There is no opportunity to sue in a second lawsuit for something that was inadvertently or intentionally left out of the first lawsuit. This estoppel doctrine is usually called the doctrine of *res judicata*. The plaintiff is "estopped" (stopped) from launching a second lawsuit. The doctrine also applies to the defendant. He or she must bring forward every defence based on the subject matter of the plaintiff's case at one time and any related counterclaim to the plaintiff's claim.

The doctrine of *res judicata* is a fundamental doctrine of the justice system in Canada and it is based on two traditional policy considerations: firstly, the ground of public policy that it is in the interest of the public that an end be put to litigation, and secondly, the ground of individual right that no one should be twice vexed by the subject matter of the lawsuit. Other considerations include the courts' scarce resources and the additional financial burden to the litigants.

In the next column, I will be talking about views from your property. ■

Donald J. Lange, LL.B., Ph.D. (Cantab.)
Barrister & Solicitor
Civil Litigation
20 years Toronto experience
Defending or launching lawsuits
• Opinions • Land disputes • Collections
• Contracts • Insurance claims • Negligence
Phone: (705) 489-4974
email: donaldlange@donaldlange.com
Website: www.donaldlange.com
Office Location
Main St., Minden
(by appointment only)

DAVID A.P. SHAPIERA
LAWYER
Servicing All Of Your Real Estate & Legal Needs In Haliburton County
Mortgages
Sales • Leases
Purchases
(705) 286-2021
60 Bobcaygeon Rd, Minden, ON K0M 2K0
Fax: (705) 286-3930 Email: lawshap@interhop.net

NORTHERN LIGHTS
TRAFFIC TICKET CONSULTANTS
754-5750 • 888-679-5234
WE DEFEND ALL TRAFFIC INFRACTIONS AND IMPAIRED DRIVING CHARGES
Serving Haliburton, Lindsay & Durham Area

WYJAD FLEMING Associates
BARRISTERS • SOLICITORS • NOTARIES
In Association
DANIEL J WYJAD, M.Sc., LL.B.
KELLY A. FLEMING, BA. (HONS), LL.B

BRACEBRIDGE		MINDEN	
39 Dominion St.	Box 177, P1L 1T6	5 Main St.	Box 850, K0M 2K0
Tel.	(705) 645-8787	Tel.	(705) 286-6483
Fax.	(705) 645-3390	Fax.	(705) 286-3523
Email: bracebridge@wylaw.ca		Email: minden@wylaw.ca	

Finn, Cornell
R. Dan Cornell, LL.B.
Barrister, Solicitor, Notary Public
Tel: (705) 286-2611
Fax: (705) 286-4460
P.O. Box 158
15 Newcastle Street
Minden ON K0M 2K0

Fraser A. Rogers, B.A.,L.L.B.
BISHOP & ROGERS
BARRISTER & SOLICITOR
NOTARY PUBLIC
Box 472
238 Highland St.
Haliburton, Ontario
K0M 1S0
Telephone: 705-457-1440
Fax: 705-457-3042

3 Days, 250 Kilometres

An epic challenge along some of the most challenging terrain in Haliburton County is coming back again.

It's the three-day, 250-km mountain bike adventure known as "Crank the Shield" and it's presented by Chico Racing. The action all takes place on Thursday, Sept. 17 – Sunday, Sept. 19.

According to the web site for this multi-day point-to-point event, the demand for these types of events is at an all-time high. The largest such events, including the Trans-Alps, BC Bike Race and Trans-Rockies are very popular and it was about time that Eastern Canada had a true off road stage race.

Chico Racing is offering this 3-day event through Ontario's near north, right in Haliburton County. This is Eastern North America's most challenging mountain bike stage race.

Crank the Shield offers a unique experience to riders from across North America. Top level elite competitors should expect to finish the stages in approximately 4-5 hours with more intermediate-level participants riding about 6-7 hours per stage.

This year's race begins and ends at the Haliburton Forest, which is where riders can park their cars. For a full map of the ride route please visit www.cranktheshield.com/racects.php

The cost to enter the race is as follows:

Supported:
$750 - Solo Entry
$1,500 - Two Person Entry

Unsupported Entries (limit of 50):
$500 - Solo Entry
$1,000 Two Person Entry

What is included for the entry?
- Custom Crank the Shield Duffle Bag, featuring ripstop nylon, heavy duty zippers, pockets on both ends and more.
- T-shirt, Stickers and other goodies.
- 3 days of epic racing.
- Two nights accommodations in sleeping cabins at Camp Kandalore and Camp White Pine. You will have a mattress included, but must bring your own sleeping bag, pillow etc. This differentiates our event from many other multi-day events because you will not be sleeping in a tent! Cabins range from rustic to quite modern. Some don't have electricity, but all will be dry and more accommodating than tents.
- Three excellent dinners (includes the bbq for the awards ceremony) - we will provide you with the best quality of food available including steak, chicken, salmon, salads, pasta, desserts, and vegetarian options. We will not limit your quantities.
- Two lunches at the finish - sandwiches, pizza & snacks (something many other events don't provide).
- Two fully stocked aid stations en route each day with energy drinks, fruit, energy bars, gels etc.
- Two hearty breakfasts - you know the standard - coffee, eggs, bacon, pancakes, fruit, cereal, etc.
- Complimentary technical support provided by Norco Performance Bikes and Shimano Canada for the duration of the event.
- Bicycle retailers will also be set up at the overnight spots with spare parts, tires etc.
- Bike wash area with lubes, cleaners etc. at the overnight spot after each stage.
- Car parking at Haliburton Forest (the start/finish) for three days.
- Transportation to Camp White Pine from Haliburton once you complete stage 2 for you and your bike.
- Bag transport for the duration of the event.
- Computer timed with results and overall placings.
- Awards for every category.

To see if there are spots still available in this year's race visit www.cranktheshield.com. Registration can be completed online.

You can also call Chico Racing at 905 852-0381 or email info@chicoracing.com. ■

GOTTA HAVE PRODUCT!
Outdoor Cedar Barrel SAUNA'S
Do it yourself assembly kits. Clear Cedar Construction with 7 kw electric heater. Built in Canada for Canadian Climates
SAUNACORE
See Them Today!
1009 County Rd 21 Corner of County Rd 21 and Highway 35, Minden.
286-3100 tubbys@bellnet.ca MINDEN
TUBBY'S LEISURE PRODUCTS

The Grooming Studio
Professional Dog Grooming
Adele Barry
(705) 457-3335
24 York Street, Haliburton
Mon - Fri 9:00 - 5:00

County Sign & Display
(705) 286-6650
fax: 286-6651
CUSTOM SIGNS
Computer Cut Vinyl Graphics
Vehicle Lettering • Striping & Magnetics
Jobsite, Building Face & Highway Signage
Windows & Banners
countysign@interhop.net

Dumb Criminals

Smile, you're on Candid Camera!

A Cleveland drug dealer decided to impress his friends by hiring a limousine for a big night on the town. His first stop was at a posh suburban residence to sell some cocaine to a rather influential individual. Hoping to earn a little extra profit by blackmailing his wealthy customer, the crook handed a camcorder to the limo driver and asked him to record the event for posterity. The driver, a moonlighting member of the Cleveland Police Department, was happy to comply.

The meditation millionaire

A California man told police he used "positive thinking" to make the two dollars in his checking account grow into four million dollars. It seems the man had made a number of large "deposits" by inserting empty envelopes into his bank's automatic teller machine. The bank wasn't amused and neither were the police, who charged him with grand theft. ■

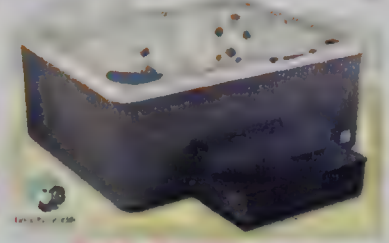
12197 Hwy 35 Minden
1053 Main St. Dorset
1-888-842-3769
www.algonquinprojects.com

Homes & Cottages
Viceroy
Turning Dreams into Reality
Algonquin Projects Limited
Independent Distributor

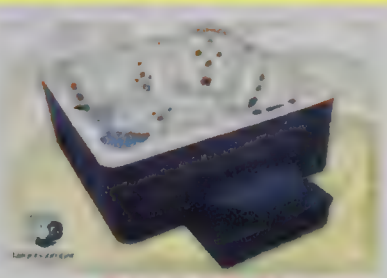
You Can Have A Hot Tub!

beachcomber HOT TUBS

$55/Month
Beachcomber 340
5 Adults Seating
21 Jets Minimum
Underwater Lighting



$98.56/Month
Beachcomber 540
6-7 Adults Seating
26 Jets Minimum
Underwater Lighting



$113.89/Month
Beachcomber 5808-9
Adults Seating
29 Jets Minimum- 28
locations to sit
Underwater Lighting

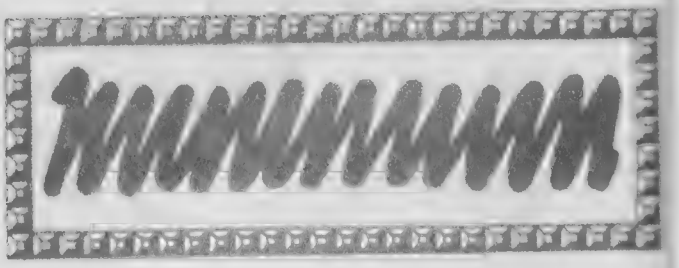
FREE DVD! Pick up a copy of "The Essence of Beachcomber" DVD in store today to find out the health benefits of owning a hot tub. Get the information you need to choose the best hot tub for you. See Andrea in store today!

Stop in and see Andrea Donaldson; our Beachcomber spa representative. Andrea can answer all your questions and help you choose the right spa for you and your budget. She has extensive knowledge in all areas of spa equipment and treatments.

The PUMP SHOP
"YOUR WATER PUMP SPECIALISTS"
457-2638 1-888-312-7867
Hwy 118 & Maple Ave. Haliburton

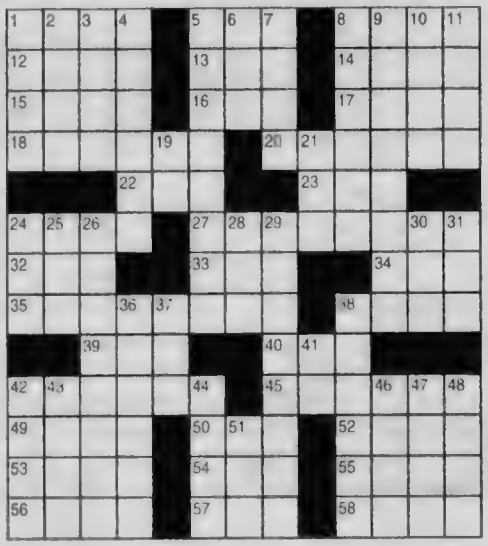
Optical Illusion

Brain Teasers to Fool the Eye



b. What is this word? The dots are missing from the I's.

King Crossword



ACROSS
1 Weaponry
5 "Roscoe"
8 Iolani Palace locale
12 Ayatollah's predecessor
13 Reproductive cells
14 Obnoxiously proper one
15 Gilpin of "Frasier"
16 Aviv lead-in
17 "— never work"
18 Jaundiced
20 Creepy —
22 Lennon's lady
23 Judge Lance
24 "That hurts!"
27 Administered
32 Dos Passos trilogy
33 "I told you so!"
34 Mauna —
35 Uncommunicative
38 Requests
39 Court
40 Knock ('em) dead
42 Disagreeing
45 Cantankerous
49 Big rig
50 Spring mo.
52 Hip bones
53 Tehran's country
54 Snitch
55 Void partner
56 Trig function
57 Blond shade
58 Mirth

DOWN
1 Venomous vipers
2 Comic Caroline
3 Crumbly deposit
4 1862 battle site
5 Declined
6 "Hail, Caesar!"
7 Body powder
8 Narcotic
9 Museum pieces
10 Mound
11 Unattractive
19 Performing
21 Disencumber
24 "— Gang"
25 Work with
26 Gotham City villain
28 Still, in verse
29 After-taxes value
30 "A mouse!"
31 "— Kapital"
36 Cut aid
37 Massachusetts cape
38 Storefront canopy
41 On the other hand
42 Unrepaired
43 Garr or Hatcher
44 Poet Teasdale
46 Jewish month
47 Anger
48 Bulldogs' school
51 — de deux

© 2009 King Features Synd., Inc.

IF YOU NEED A NEW SEPTIC SYSTEM...

We're your best choice!

Here's what we do for you.

- WORK FOR YOU AS YOUR AGENT
- APPLY FOR YOUR HEALTH PERMIT
- DESIGN YOUR SEPTIC SYSTEM
- DIG TEST HOLES AND LAYOUT JOB
- COMPLETE INSTALLATION OF SYSTEM
- CARRY A FULL LINE OF SUPPLIES, SEWAGE PUMPS, AND MATERIALS
- COMPLETE SERVICE AND MAINTENANCE OF YOUR SEPTIC SYSTEM
- LICENSED FOR SEPTIC INSTALLATION/ PUMPING, PLUMBING , ELECTRICAL
- 20 YEARS IN BUSINESS FULLY INSURED

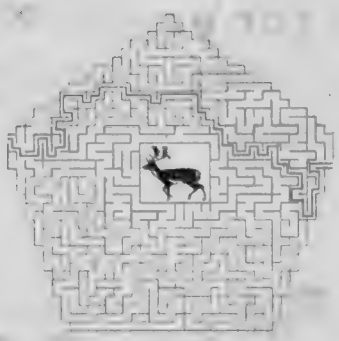
We Have the Answers!

Call

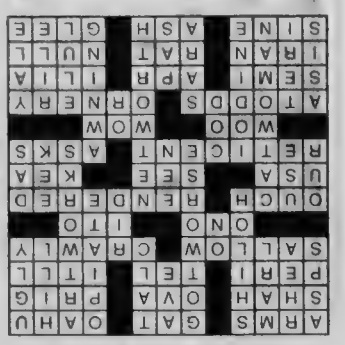
Stoughton's Septic Systems & Pumping

Today!

447-2211 Office, 447-3120 Res, 447-3414 Fax



Puzzle Answers



Solution time: 25 mins.

Puzzle Answers

A Test of Endurance

Corduroy Enduro Roars into Gooderham

Canada's Premier 2 Day National Enduro, which draws amateur and professional enduro motorcycle riders from all over North America, has been running for 55 years.

And this year's event is coming right into our own backyard – in the village of Gooderham Ontario, on Saturday, Oct. 3 – Sunday, Oct. 4.

This year's high octane event will include:

- Approximately 130 km plus 5 or 6 special tests each day: Enduro tests, Cross tests, and Extreme tests all timed to the second. World enduro style scoring and timing will be used. No timekeeping required.
- $2500.00 PURSE for Pro class riders!! 1st $1,000, 2nd $750, 3rd $500, 4th $250
- Trophies, prizes, and more for amateur classes
- Motorcycles do not have to be street legal; as a minimum, an applicable off-road registration for your state or province is required! Bikes must have head and tail lights. A maximum of 94db will be strictly enforced.
- T-shirt, dinner, and breakfast included with pre-entry
- Gas trucks will be provided courtesy of Foran's Roofing
- Vintage, Ladies, and Beginners routes
- Trail Ride & Dual Sport rides will be run separately in conjunction with the Enduro
- CORDUROY LOUNGE: all activities will be conducted at the lounge: meetings, bike display, bar, tire contest, music, place to hang out...etc...
- Machine Racing, Pirrelli Tire change contest Saturday night.

To find out more about this rigorous challenge go online to . There you will discover an easy-to-use forum, entry/registration forms with a simple online payment system, and downloadable maps and directions to the start and to spectator points. ■

This photo was taken at the Corduroy Enduro in 1967

Haliburton Crane

* Boom Trucks
* 50 Ton - 80 Ton AT

1-800-663-2405
or visit www.ecshaliburton.com

The Leader in Manufactured Homes & Cottages

ROYAL HOMES

Call today for your FREE information brochure

3 kms south of Minden on Hwy 35, Minden, Ontario K0M 2K0

Phone: 705-286-6992
Cellular: 705-457-6704

Fax: 705-1394
Toll Free: 1-888-717-4923

Your Lot, Your Dream...Custom Built!

www.RoyalHomesMinden.on.ca

"I keep a soft-sided cooler in the backseat of my car between my children's car seats. It mostly keeps little items accessible to both kids, but we have used it to contain wet trash and to keep snacks cold. We also used it to keep restaurant leftovers cool (we asked for a glass of ice to go) while we ran into one more store before heading home one night." – P.W. in Missouri

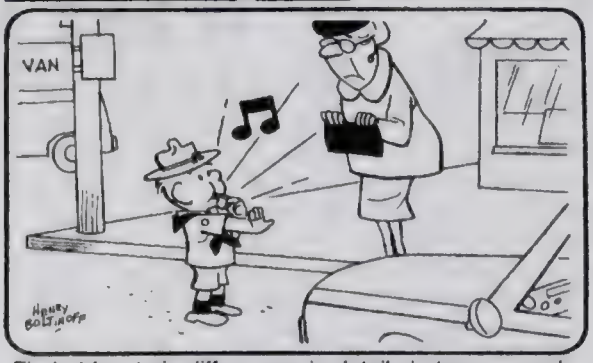
"I have always added pureed and finely diced vegetables to my meatloaf to add moisture to the meat and to sneak the veggies in on the kids. As our children have grown and left home, we find it's harder to keep an array of veggies in the house before they go bad. I now purchase a variety of baby-food jars to add to dishes. They keep well, are easy to use and offer additive-free nutrition. Who says you have to have a baby to buy baby food?" – T.C. in Pennsylvania

Keep a mixing bowl in place by setting it on a damp washcloth or dishtowel on the kitchen counter. No more slip and slide, and the cloth is ready to wipe up any spills.

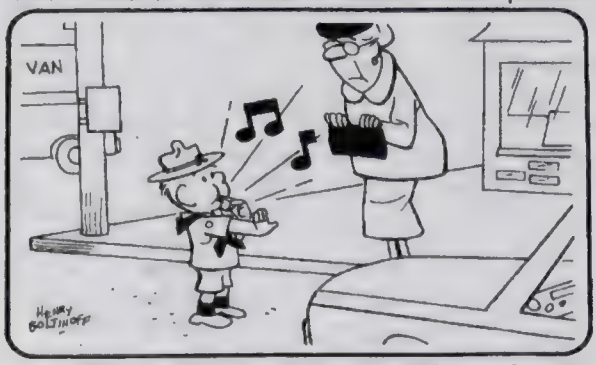
"Whenever a T-shirt or other article of clothing wears out, I cut it into small pieces for rags. I use them for cleaning, etc. To store them, I push clean ones into an empty tissue box. I can easily get one when I need it, and afterward it can either be thrown away or put in the wash." – S.M., via e-mail ■

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Awning is different. 2. Musical note is added. 3. Car mirror is missing. 4. Bricks added to building. 5. Sign on pole is lower. 6. Skirt is longer

Lakeland Conference IX

'Your Lake, Your Health, Your Future'

Saturday, September 19th, 2009
Fleming College, Haliburton
8:30am to 3:00pm

Taking Action for the Health of Our Lakes

"Showcasing the efforts of our lake communities."

To pre-register or to be an exhibitor contact:
Michael Gibbs at (705) 745-3238 xt. 207
or email lakelandalliance@cogeco.net

For registration details and agenda
visit www.lakelandalliance.net

RBC Foundation

Fleming College

NEW HOURS
Starting September 8th

Mon.-Wed. 7am-7pm,
Thurs.-Fri 7am-9pm
Sat. & Sun. 7am-7pm

OPEN MONDAY (LABOUR DAY)
7 a.m. - 6 p.m.

County Rd. 21, Haliburton
TODD'S independent
YOUR INDEPENDENT GROCER

It's Happening in Kinmount!

by Lynne Kilby

Well it's almost time for the wheels on the bus to go round and round. For most of us, Labour Day Weekend signifies the unofficial end of summer. With fall just around the corner we all know what that means…winter is not far behind. Although that thought may be disturbing, there are still many summer events left to enjoy so why not make the most of it? Now is the time to celebrate the last "hurrahs" of the season by squeezing in a few more summer activities. Here are a few suggestions…

Get a taste of Kinmount Farmers Market, Saturdays from 9:00 a.m. - 2:00 p.m. at Austin Sawmill Heritage Park. Check out the renovations at Austin Sawmill, stroll the parklands and find a spot to enjoy a picnic lunch.

Come celebrate the grand finale to summer Labour Day Weekend, September 4, 5 & 6 at spectacular Kinmount Fair. It's impossible to see everything the fair has to offer in just one day. Have you ever thought about camping at the fair? It provides the total "Kinmount Fair Experience." Beautiful campsites for trailers offer the opportunity to experience the entire fair yet retreat to your home away from home for relaxing breaks. Events kick off Thursday, September 3 at 7:00 p.m. with Kinmount Lions Club Monster Bingo in the arena. Children's Day is Friday, September 4. Ride all day passes available. Catch two Demolition Derbies Friday evening & Sunday afternoon. Don't miss Beverly Mahood at the Grandstand, Saturday, September 5 at 2:00 p.m. Enjoy an Outdoor Church Service at 9:45 a.m. Sunday, Sept.6 in The Pines Bandstand. Check out the Pioneer Complex. Stop by the Kinmount Booth for various memorabilia. As the saying goes, "There's something for everyone at Kinmount Fair." Visit kinmountfair.net to view the full program of events.

The Kinmount Fair Ambassador Competition creates a wonderful opportunity for young people from the Kinmount area. The ambassador will represent Kinmount at the Ontario Association of Agricultural Societies Convention in Toronto in February 2010, at the CNE in Toronto in August 2010 and at various functions locally throughout the year. These events provide the opportunity to meet other young people from across Ontario and make friends. Young people between the ages of 17-23, who live within a 50 km radius of Kinmount, are encouraged to participate in the Fair Ambassador Competition. The winners will be announced Friday, September 4 at the Ambassador Competition beginning at 2:00 p.m. in the Pioneer Complex. Prizes awarded to the top 3 contestants. Take the journey to an everlasting memory. Please contact Susan Pearson at (705) 488-2547 for more information.

Are you up for the challenge? Come step up to the plate….the theme at this year's Warrior's Day Parade is "Celebrating Kinmount's Sesquicentennial." The Kinmount 150th Anniversary Committee challenges organizations, businesses families and individuals to participate by creating a parade entry that highlights Kinmount's Heritage. A special prize for the Best 150th Anniversary Themed Entry will be awarded by the committee. Participants meet at the Railway Station at 11:00 a.m., Saturday, September 5. The parade begins at noon.

To further celebrate Kinmount's 150th Anniversary, Kinmount Fair invites all Kinmount residents 80 years old or over to be "Guests in the Parade." Just show up at the railway station by 11:30 a.m. Saturday, Sept. 5 and ride the Parade as honoured guests of Kinmount Fair. For more info, contact Guy Scott at 488-3182.

Another outdoor opportunity awaits you at Kinmount Legion. Drop by Saturday, Sept. 5 between 1:00 p.m. & 7:00 p.m. to enjoy a BBQ while you listen to tunes from the band "23 Litres" under the canopy beside the legion. Make sure to visit the Legion's Support Our Troops Booth at Kinmount Fair.

Kinmount & District Health Services Foundation is pleased to announce their annual Journey for Health walkathon raised over $17,000. This year's event included some strange participants - Farmer Joan & the Kinmount Dixie Chicks, our hilarious feathered friends from Kinmount Talent Night. As they pecked their way along the trail to Crego Creek Trestle, the brood added a touch of light-hearted spirit to walker's steps. Lunch at Austin Sawmill Heritage Park was provided by the Medical Staff and Kawartha Dairy. Everyone enjoyed the great selection of prizes donated by businesses. Special thanks to sponsors Dianne & Vic Spring, owners of Re/Max Country Living Realty Inc. and Khosrow Eshkour of Kinmount Pharmacy who donated $1,500, honouring his pledge to match the participant with the most pledges up to that amount. Funds will go a long way to support the Foundation in their search to retain a 3rd family doctor at Kinmount District Health Centre.

Upcoming Events & New Beginnings

Sept. 2 - 6 - Treat yourself to a scrumptious Breakfast at the Royal Canadian Legion, Branch 441, served by the Ladies Auxiliary from 7:00 a.m. to 11:00 a.m. Cost $3.50.

Sept. 9 - Kinmount Playschool resumes 10:00 a.m. - 12:00 p.m. at Kinmount Community Centre. The co-operative group offers a full pre-school program that includes, playtime, circle, story, snack and craft time. It's the perfect way for little ones to improve their social skills and provides a fantastic networking base for adults. The group meets Monday & Wednesday mornings until the end of the school year. Call 488-3044 for details.

Sept. 11 - Now in its 3rd season, visual/multi-media artist Brenda Mulholland, offers an Adult Art Workshop (beginner to intermediate) at Kinmount Community Centre. Classes run from 10:00 a.m. - 1:00 p.m. every other Friday all winter long. Pre-registration required. Call 488-1574.

Sept. 16 - Big Buck Bid Euchre, 11:00 a.m. at Kinmount Legion. Cost of $10 includes lunch. ■

John E. Francis Fuels
HEATING & COOLING
Serving Haliburton County since 1973
Installation • Sales • Service • Oil Furnaces • Tanks • Water Heaters • Duct Work
24-hr. Emergency Burner Service • Automatic Delivery of Home Heating Oil
Full Line of Ultramar Lubricants • 24-hr Cardlock for Diesel and Gasoline
Mini Storage Available
Ultramar 11495 HWY. 35 MINDEN (705) 286-2738

Haliburton Really "Rocks"

Yours Outdoors Adventure Package Includes a "Celebrity"

The Haliburton Highlands really does "rock" in so many ways. Let Yours Outdoor show you why in an upcoming "celebrity" rock experience.

Explore the rich minerals deposits, unique geological features, and rugged autumn landscapes of the area while enjoying the great hospitality and fine folk of the Highlands from Sunday, Sept. 6 – Tuesday, Sept. 8.

Your two night/three day itinerary includes a hike to world class undisturbed sites of unique minerals and crystals, a search for the Harburn Wells, mineral collecting, and a visit to the studio of a rock artist.

This is a very special celebrity version of Haliburton Rocks! featuring the talented musician and geologist Katherine Wheatley. Katherine will join the adventure as a singer/songwriter in residence to discover the mineral wonders of Haliburton County, perform a "rock" concert on Sunday evening, do some entertaining around the campfire on Monday, and who knows what else. You will stay at the beautiful Sunny Rock B&B, and enjoy an optional hot stone massage to ease a day of outdoor exploration.

To sign-up for this adventure contact Barrie Martin at 705 754-3436 or email info@yoursoutdoors.ca. To find out more about the celebrity visit www.katherinewheatley.com. ■

Contractor Corner

THE PIPE LINE

by Mark Evans

Of Princes And Plumbers

"If I could not be a Prince, I would rather be a Plumber" said the Prince of Wales back in the late 1800's as a respectful acknowledgement to the craftsmanship of the "Sanitary Engineers" in his day. He understood that cleanliness was the solution to the horrible typhoid and cholera outbreak that nearly took his life and the black plague epidemic that ravaged society taking a third of the population with it. The world needed a hero.

It was the Plumber that brought the world out of the dark ages by being the proverbial light at the end of the tunnel. From the aqua ducts and sewers of ancient Rome as far back as 800 B.C., to today's automatic flush toilets, civilization's increasing civility can be credited to the advancements made by the worker of lead...the Plumbum. (The Latin term for plumber is just too funny, I guess even way back then the plumber's clothing showed off that body part most closely associated with the trade.)

Clearly the world owes this humble tradesman a more dignified place in the hierarchy of modern society. There's a lot more to the trade than knowing what flows downhill and when payday is. Often it's our own self representation that keeps us from achieving the level of respect afforded to other occupations. In advertisements you never see an over excited caricature of an accountant rushing to file a tax return, carrying an adding machine or a personal injury lawyer chasing an ambulance but the Plumber is regularly shown running with a pipe wrench and a tool box. I don't think that's the message we want to send to the world. Remember, our trade was once highly respected by royalty but now it looks like the Plumber has been gluing ABS together in an unventilated area and desperately needs to rough-in another three piece. We deserve better. The contributions the trade has made to society aren't limited to just ensuring a solid flush either. We have influenced popular culture...Mario and Luigi achieved great success trying to rescue the Princess in the popular Nintendo video game Super Mario Brothers. Now that's a noble quest for a couple Journeymen Plumbers, but outside of the teen crowd it did little to raise our perceived respectability in the real world.

You may have heard of "Joe the Plumber" during President Obama's campaign. He became a working class hero to the average American but it was short lived. Bruce Springsteen didn't write a song about him so we are left without a viable trade representative.

Someone suggested we take a lesson from the firefighters. They issue a calendar every year to raise funds and maintain their positive public image. I'm sceptical of that idea because it may depict us as more "Larry the Cable Guy" types than "Fabio" the romance novel cover model types. No offence to Larry but ... "get r done" is not the slogan we want people to think of when using the bathroom. I'd like to see our trade thought of as the group of intelligent craftsmen who build comfortable, private sanctuaries where one can enjoy peaceful luxury but the reality is the world sees us as the funny guys with droopy drawers and a wrench in their pocket.

The fact that our trade is the most valuable to mankind is easily proven by looking at any map. Practically every civilization anywhere in the world has been founded beside a body of water and the necessities of life made usable by the Plumber. However, without a winning marketing strategy that includes a respectable and admirable ambassador, we are bound to be considered in the same context as the lesser trades which will remain nameless. Suffice to say they involve a couple wires and what amounts to just big metal boxes...elementary. Certainly nothing a Prince would be envious of.

To further illustrate this theory, I look to the real estate sector to bring the point all the way home. What sells houses?...you know it...Kitchens and Bathrooms. We have a lot to be proud of so hold your chin up, pull your pants up, don't lick your fingers and remember...if you can't be a Prince, be a Plumber!

mark.evans@live.ca ■

CHURKO ELECTRIC

office: 457-4576
fax: 457-1494

RESIDENTIAL • COMMERCIAL • INDUSTRIAL

HALIBURTON COUNTY HOMEBUILDERS ASSOC

Professionalism at "Your Service"

HIGHLANDS PLUMBING

Division of Jack Hewson & Sons Ltd.

Sales & Service

Water Systems,
Installations & Renovations
Authorized in-floor
Radiant Heating Dealer

WIRSBD
Radiant Floor Heating

286-1195

D & K MASONRY

Free Estimates, Quality Workmanship, Fully Insured

Block Foundations, ICF Foundations
Frostwalls, Concrete Slabs, Footings,
Additions, Decks, Garages, Framing.

Derek Rowden
705-754-0466

Fax
705-286-6122

Email:dandkmasonry@msn.com

PETRINI CONSTRUCTION

VINYL & ALUMINUM SIDING

SOFFIT • FASCIA • DOORS & WINDOWS
• 5" SEAMLESS EAVESTROUGH

Serving Haliburton County since 1978

Nathan Petrini 705-457-2754

RR #2 Haliburton, ON K0M 1S0
www.petriniconstruction.com

1-877-PETRINI (738-7464)

S S Roofing

For all your roofing needs!
Cedar, Asphalt, Steel
& EPDM Rubber

Free Estimates

1090 Koshlong Lk. Rd. R.R. #2
Haliburton, ON. K0M1S0

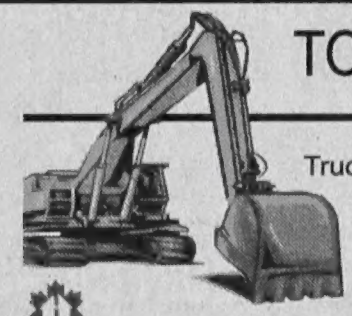
Steve Stata
Phone: 705-455-9453
Cell: 705-455-0818
Fax: 705-455-9173

Landscape Concepts

by Chris Miller

Phone: 705-286-5007

Landscape Design • Custom Concrete Spas
All types of Natural Stone Work • Patio, Stairs, Pillars & Walks
Shoreline Restoration • Planting Waterfalls & Fountains



TOM PRENTICE & SONS

Trucking • Grading • Excavating
All Types Material
Septic Systems

286-1428

Annual Cottage Road Service

FOR SERVICE CALL

STOUGHTON'S ELECTRIC LTD.

Electrical, Plumbing, Heating & TV Towers
Septic Systems & Pole Lines
Holding Tanks, Sewage Pumps, Backhoe, Trenching

After Hours: 447-3120

Septic Pumping

447-2211

D.A. CURRY MASONRY CONTRACTING

Licenced Tradesman

Footings
Frost Walls
Foundations
Concrete Slabs
Perimeter Walls
Site Layout

457-3620 RR#1 Haliburton
Mobile: 457-6163 Fax: 457-2699

DON BARKER HEATING & COOLING

16455 Hwy 35, RR2 Minden, Ont K0M 2K0

phone (705) 489-2004 fax 489-4043

SALES, SERVICE & INSTALLATION OF
OIL, PROPANE, ELECTRIC & COMBINATION
FURNACES. AIR CONDITIONING, HEAT PUMPS
HRV'S, CHIMNEYS, RADIANT FLOORS
& WATER HEATERS

Carrier

NO TIME TO MAINTAIN YOUR PROPERTY?

- Lawn Care And Grass Cutting
- Cottage Watch
- Spring and Fall Clean-Ups
- Snow Removal From Roofs And Decks
- Small Maintenance Jobs

Reasonab
Rates. Senic
Discount

Elstone Property Maintenance 854-0884

Craig Elstone craigelstone@netscape.ca Haliburton, Ontario

WEST GUILFORD TOWING

705-754-3780

The Township of Minden Hills
In Season, Every Season

The Township of Algonquin Highlands and the Township of Minden Hills

NOTICE TO ALL RATEPAYERS

Township of Algonquin Highlands

2009 HOUSEHOLD HAZARDOUS WASTE DAYS

For the Ratepayers of the Township of Minden Hills

will be held on the following dates/ times at the Scotch Line Landfill Site from 8:00 a.m. to 11:30 a.m.

September 5th
October 10th

For the Ratepayers of the TOWNSHIP OF MINDEN HILLS
For further information, please call:
(705) 286-1260

For the Ratepayers of the Township of Algonquin Highlands

will be held on the following dates and at the following respective locations:

September 5th	Dorset Landfill	1- 5 pm
October 10th	Maple Lake Landfill	1- 5 pm

For the Ratepayers of the TOWNSHIP OF ALGONQUIN HIGHLANDS
For further information, please call:
(705) 489-2379

ACCEPTABLE HOUSEHOLD HAZARDOUS WASTE CLASSES

Latex and Oil Paints, Finishing Products e.g. varnish, glues, etc.; Used Motor Oil; Auto and Household Batteries; Propane Tanks and Cylinders; Cleaners e.g. bleach, oven cleaner, etc.; Aerosol Cans; Solvents e.g. varsol, paint thinners, etc.; Pesticides and Herbicides; Pool and Photographic Chemicals; Florescent Light Tubes

UNACCEPTABLE WASTE CLASSES

Industrial Waste; Needles/Sharps; PCB'S; Radioactives; Pathological

LANDFILL USER IDENTIFICATION CARDS MUST BE SHOWN

For further information, please call: (705) 286-1260

Strange But True

It was Canadian actor and comedian Leslie Nielsen who made the following sage observation: "Doing nothing is very hard to do ... you never know when you're finished."

A 22-year-old man who was trying to board a flight in Cairo, Egypt, bound for Saudi Arabia was recently stopped by security officers when the X-ray of his hand luggage showed some strange results. It seems that the man was attempting to transport 250 baby crocodiles and -- wait for it -- a live cobra. (Animal lovers will be pleased to learn that the creatures were not harmed; they were turned over to the Cairo Zoo.)

In Thailand, it is illegal to step on any of that nation's currency.

Are you a cacographer? You may not be, but if you spend any time at all online you've certainly run across a few. A cacographer is someone who can't quite grasp the rules of spelling.

Researchers in Greece who recently completed a study on napping found that men who nap at least three times a week were at a 37 percent lower risk for heart-related death. So now you have an excuse to do what you want to do anyway.

If you've ever had to navigate the transportation systems throughout Walt Disney World in Florida, you might not be surprised to learn that the theme park complex covers 47 square miles. To put the figure in perspective, that's twice the size of Manhattan Island.

It's possible for a nectarine tree to grow from a peach pit, and vice versa.

A man named Robert Boyd entered a lingerie shop and attempted to hold up the store using a Japanese sword. A fan of video games, Boyd claimed in his defense that at the time of the holdup, he believed he was an elf.

Thought for the Day: "Only the madman is absolutely sure." -- Robert Anton Wilson ■

Express Yourself!
with
Area Rugs

The perfect fit for today's theme extreme decor. Over 100 unique styles of area rugs available in 6 sizes, from room size to mat size. 100% heatset olefin is stain and fade resistant, soft, plush and luxurious.

See, feel and touch the luxury!

Where will your home take you?

Northern Expressions

Furniture, Home Decor & So Much More!

33 Hops Drive, Haliburton. (In the Beer Store Plaza)

Tuesday to Saturday 10 am - 5 pm, Closed Sunday & Monday

457-8957

Gift Certificates Available

Kennisis and Redstone Lakes Realty Centre

Gloria Carnochan
Cindy Muenzel
Sales Representatives

705-754-1932
1-800-203-7471

The Mother Daughter Team

Gloria.carnochan@bellnet.ca cindymu@bellnet.ca
www.gloriaandcindy.com

Royal LePage
Independently Owned and Operated Brokerage
LAKES *of* HALIBURTON

Check out this cabin nestled on the shores of Kennisis Lake. South exp, sand and rock outcrops along the shore. Cabin is pine square log 500 sq ft with 2 bdrms, 3 pc bath and combo LR/DR. Screened porch and sits about 34 ft from high water. Could add on or move cabin to keep as a Bunkie and build your dream cottage.

Asking $295,000.00

Cranberry Lake

Canoe into 3 other lakes from this level south facing property. With 142 ft frtg with 66 ft buffer gives privacy from the neighbour. Use the 2 cabins as is or tear down and build your dream cottage/home. Lots of parking for guests.

Asking $289,000.00

Little Kennisis

140 ft of sand beach with rock out crops. Total privacy, level lot, and southwest exposure with a large dock. This open concept, cathedral ceiling 3 bedroom cottage with full w/o lower level is a must see.

Asking $499,000.00

Kennisis Lake

Build your dream cottage /home here on quiet Paddy's Bay of Kennisis Lake. Driveway in. 700 ft frtg. and over 5 acres. Great for canoeing or go into the big part of the lake for even more boating or go over the rollers at the dam for a river trip to Red Pine Lake .

Asking $299,000.00 + GST

Kennisis Lake

This is what a cottage is all about. Check out this well cared for 3 bedroom with open living/dining room across the front with a spectacular view of Kennisis Lake. This property is private, level and has a frontage of 200 feet facing north for sun all day.

Asking $399,900.00

3 bdrm, cottage on protected bay of Kennisis Lk. Totally upgraded incl roof. Hardwood floors, pine and drywall make this a complete package to enjoy **4 SEASONS.** Lg deck for entertaining and mature trees for those who want to escape the sun. Sand and deep water, Lg cedar docking system. 16x32 insulated garage with heated floors.

$387,000.00

Little Kennisis Lake

Ready to start your summer holidays check out this 3 bedroom cottage with 3pc bath, den /porch, combo living room /dining. Guest cabin. All this on a beautiful sloping 163 ft lot with NW exposure, sunsets, granite shoreline, deep water, great swimming .

Asking $379,000.00

Little Kennisis Lake

Double lot 262'frtg with sand and deep water. This 2500 sq. ft custom cottage/home has 3 bdr, 2 fireplaces, skylights, sunroom, walkout bsmt, custom kitchen for Mom and lg garage with loft for Dad and all the toys and overflow guests. Too many extras to mention a must see.

Asking $629,000.00

Little Redstone Lake

Check out this affordable 3 bedroom cottage having south-west exposure with 132 ft frtg on a 1 acre lot on. Fully winterized, drilled well, septic, year round road. sandy bottom for the little ones with deep water off dock for the adventurous ones.

Asking $375,000.00

Kennisis Lake

Paradise at this 3400 sq ft Post and Beam cottage on approx. 1275` of shoreline 4.91 ac . spectacular living space with custom kitchen. 2 docks, a bunkie, fully finished lower level w/rec rm/work-out rm, a workshop & a huge craft room. Lg garage with loft with living quarters and porch. Sunsets from your own private island.

Asking $1,695,000.00

Kennisis Lake

Build your dream cottage/home on this beautiful lot with 298ft frtg and 3.5 ac. Many building sites to choose from. Clear lot or just enough to build. Driveway in with hydro and phone available with high speed. Big lake view and sun all day.

Asking $469,000.00

What Recession?! - - We have buyers and need listings!!